

## Fall 2023 Weekly Intern Service Delivery Guidelines for General Track

Direct Service Hours (Individual/Couples/Provision of supervision):

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Individual clients

**18.75 minus (group hours + number of rotation hours)** \_\_\_\_\_ hours/week  
 [2 hours/rotation]

Group Therapy

**(1.5 hr./group)** \_\_\_\_\_ hours/week

Triage

**(Walk-In Clinic)** 2 hour/week

Provision of Supervision

1.5 hours/week

**Total Direct Hours:**

**22.25 Hours/Week**

Non-Direct/Required Service Activities:

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Supervision

**Primary Supervision** 2.0 hour/week

**Rotation Supervision**

(0.5 hour/week/rotation) \_\_\_\_\_ hours/week  
 0-1.0 hours/week

**Group Therapy Supervision**

(0.5 hour/week/group) \_\_\_\_\_ hours/week  
 0.5-1.0 hours/week

**Supervision of Supervision**

1.5 hours/week

**30 minute assessment supervision**

0.5 hours as needed

Consultation

**Group Consultation** 0.5 hour/week

Meetings:

**Staff meeting** 0.75 hour/week (1.5 hours biweekly)

**Intern case seminar** 0.5 hour/week (1 hour/biweekly)

(Meeting with Training Director) 0.5 hour/month

Trainings:

**Training Seminar Series** 2.0 hours/week

Other:

**Administrative time** 8.0 hours/week\*

**Total Indirect Hours:**

**16.25 – 17.75 Hours/week**

**Total Internship Hours**

**40 Hours/week**

\* (e.g., case management, departmental and/or university committees, outreach prep, supervision prep, monthly meetings with Director/Clinical Director, receiving supervision for licensure)