

## Fall 2023 Weekly Intern Service Delivery Guidelines for Sports Psychology

Direct Service Hours (Individual/Couples/Provision of supervision):

**SCC Athletics**

Individual clients

SCC (7 total, OR 5 general clients + 2 rotation clients) 7 hours/week  
 Athletics (9 general clients) 9 hours/week

Group Therapy

\*SCC (1 group (1.5 hr. group)) 1.5 hours/week

Triage

\*SCC (Walk-In Clinic) 1 hour/week

Provision of Supervision

\*SCC 1.5 hours/week

**Total Direct Hours: 20 Hours/Week**

Non-Direct/Required Service Activities:

Supervision

SCC Primary Supervision 1.0 hour/week  
 Athletics Primary supervision 1.0 hour/week  
 SCC Rotation Supervision 0.5 hour/week  
 SCC Group Therapy Supervision 0.5 hour/week  
 SCC Supervision of Supervision 1.5 hours/week  
 SCC 30 minute assessment supervision 0.5 hours as needed

Consultation

SCC Group Consultation 0.5 hour/week  
 Athletics "Peer Consultation" or similar. 1.0 hour/week

Meetings:

SCC Staff meeting 0.75 hour/week (1.5 hours biweekly)  
 0.75 hour/week (1.5 hours biweekly) 0.75 hour/week (1.5 hours biweekly)  
 SCC Intern case seminar 0.5 hour/week (1 hour/biweekly)  
 (Meeting with Training Director) 0.5 hour/month)

Trainings:

SCC Training Seminar Series (ALL) 2.0 hours/week

Other:

SCC Administrative time 4.0 hours/week\*  
 Athletics Administrative Time 4.0 hours/week\*  
 Athletics: treatment/Performance Team meetings 1.0 hours/week  
 Additional Athletics time: 1.75 hours/week

**Total Indirect Hours: 20.00 Hours/week**

**Total Internship Hours [SCC: 22.25, Athletics: 17.75] 40 Hours/week**

\* (e.g., case management, departmental and/or university committees, outreach prep, supervision prep, monthly meetings with Director/Clinical Director, receiving supervision for licensure)