

Fall 2022 Weekly Intern Service Delivery Guidelines
Sports Psychology

These guidelines were developed in accordance with International Association of Counseling Services standards regarding workload:

Clinical Service to students

Individual/Couples clients to be seen = 18.75 – (group hours):_____

Group Therapy _____ 2 hours per group (1.5 group, 0.5 supervision) 2 groups max.

Non-Direct/Required Service Activities

Walk-In Clinic	2 hours (including SCC Administrators)
Provision of Clinical Supervision	1.5 hour/week: sup rotation is counted under “rotations”
SOS	1.5 hours/week
Primary supervision	2 hours
30 minutes supervision with TD	0.5 hours
30 minute assessment supervision	0.5 hours
Staff meeting	0.75 weekly (meets every other week)
Staff Peer Consultation/Diversity Discussion	1 hour
Training seminar	2 hours
Case seminar	1 hour
Other (e.g., case management, departmental and/or university committees, outreach prep, supervision prep, monthly meetings with Director/Clinical Director, receiving supervision for licensure)	8.5 hours

Total non-direct non-negotiable hours: 21.25