## **2025-2026 Weekly Intern Service Delivery Guidelines for General Track**

## **Direct Service Hours**

INTERVENTION Individual clients and couples' therapy (18 hours – (grp + rot) Rotations (max 2): 2 hours per rotation Groups: (max 2): 1.5 hours per group	hours/week hours/week hours/week
TRIAGE (Walk-In Clinic)	2 hour/week
PROVISION OF SUPERVISION (Not including supervision rotation)	1.5 hours/week
ASSESSMENT (IN-PERSON) (Clinical interview, in person assessment, and feedback)	Varies each semester
Total Direct Hours:	(max) 22 Hours/Week
Non-Direct/Required Service Activities:	1
RECEIVING SUPERVISION:	
Primary Supervision	2.0 hour/week
Rotation Supervision (0.5 hour/week per rotation)	hours/week
Group Therapy Supervision (0.5 hour/week per group)	hours/week
SUPERVISION OF SUPERVISION	1.5 hours/week
CONSULTATIONS	
Group therapy Consultation	1 hour/biweekly
Peer Consultation	1 hour a week
MEETINGS:	
Staff meeting	0.75 hour/week (1.5 hours biweekly)
Intern check-in	0.25 hours/week (1 hour a month)
TRAININGS:	
Training Seminar Series	2.0 hours/week
OTHER:	
Administrative time	8.0 hours/week*
Total Indirect Hours:	(Max.) 18 Hours/week
TOTAL INTERNSHIP HOURS	40 HOURS/WEEK

<sup>\* (</sup>e.g., notes/case management, departmental committees, outreach prep, supervision prep.)