

2025-2026 Weekly Intern Service Delivery Guidelines for Sports Psychology

Direct Service Hours:

<u>CLINICAL INTERVENTION</u> SCC: 7 individual (including 1 rotation (2 clients) + Group, max 1 group: (1.5 hours) Athletics: 9 Individual clients + other interventions	8.5 hours/week 9 hours/week
<u>TRIAGE:</u> SCC: (Walk-In Clinic)	1 hour/week
<u>ATHLETICS: PROVISION OF SUPERVISION</u> One practicum student	1.5 hours/week
<u>ATHLETICS: ASSESSMENT (IN-PERSON)</u> (Clinical interview, in person assessment, and feedback)	Varies each semester
Total Direct Hours:	(max) 22 Hours/Week
<u>RECEIVING SUPERVISION:</u> SCC: Primary Supervision Athletics Primary Supervision SCC: Rotation Supervision (0.5 hour/week per rotation) SCC: Group Therapy Supervision (0.5 hour/week per group)	1 hour/week 1 hour/week Max 0.5 hours/week Max 0.5 hours/week
SCC: SUPERVISION OF SUPERVISION	1.5 hours/week
<u>CONSULTATIONS</u> SCC: Peer consult (optional) SCC: Group Therapy Consult	1 hour/week 1 hour biweekly
<u>MEETINGS:</u> SCC: Staff meeting	0.75 hour/week (1.5 hours biweekly)
SCC: Intern check-in	Once a month (ind. check ins the weeks we don't meet)
<u>TRAININGS:</u> SCC: Training Seminar Series Athletics: additional didactic training.	2.0 hours/week TBD
<u>OTHER:</u> Administrative time (4 each location)	4 hours/week 4 hours/week
Total Indirect Hours:	(Max.) 18 Hours/week
TOTAL INTERNSHIP HOURS	40 HOURS/WEEK

Note, completion of your 500 direct service hours does not signify the end of your internship. You have contracted to receive training for the full 12 months and we, in turn, have contracted to provide you with training and supervision for the full 12 months.