**2024-205 Weekly Intern Service Delivery Guidelines for General Track**

**Direct Service Hours**

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| --- | --- |
| INTERVENTION  Individual clients and couples’ therapy (18 hours – (grp + rot)  Rotations (max 2): 2 hours per rotation  Groups: (max 2): 1.5 hours per group | \_\_\_\_\_ hours/week  \_\_\_\_\_ hours/week  \_\_\_\_\_ hours/week |
| TRIAGE (Walk-In Clinic) | 2 hour/week |
| PROVISION OF SUPERVISION  (Not including supervision rotation) | 1.5 hours/week |
| ASSESSMENT (**IN-PERSON**)  (Clinical interview, in person assessment, and feedback) | Varies each semester |
| **Total Direct Hours:** | **(max) 22 Hours/Week** |
|  |  |
| **Non-Direct/Required Service Activities:** | |
| RECEIVING SUPERVISION:  Primary Supervision  Rotation Supervision (0.5 hour/week per rotation)  Group Therapy Supervision (0.5 hour/week per group) | 2.0 hour/week  \_\_\_\_\_ hours/week  \_\_\_\_\_ hours/week |
| SUPERVISION OF SUPERVISION | 1.5 hours/week |
| CONSULTATIONS  Group therapy Consultation  Peer Consultation | 1 hour/biweekly  1 hour a week |
|  |  |
| MEETINGS:  Staff meeting | 0.75 hour/week (1.5 hours biweekly) |
| Intern check-in | 0.25 hours/week (1 hour a month) |
|  |  |
| TRAININGS:  Training Seminar Series | 2.0 hours/week |
| OTHER:  Administrative time | 8.0 hours/week\* |
| **Total Indirect Hours:** | **(Max.) 18 Hours/week** |
| **TOTAL INTERNSHIP HOURS** | **40 HOURS/WEEK** |

*\* (e.g., notes/case management, departmental committees, outreach prep, supervision prep.)*

**2024-2025 Weekly Intern Service Delivery Guidelines for Sports Psychology**

**Direct Service Hours:**

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| CLINICAL INTERVENTION  SCC: 7 individual (including 1 rotation (2 clients) +  Group, max 1 group: (1.5 hours)  Athletics: 9 Individual clients + other interventions | \_\_9.5\_ hours/week  \_\_9\_\_ hours/week |
| TRIAGE:  SCC: (Walk-In Clinic) | 1 hour/week |
| ATHLETICS: PROVISION OF SUPERVISION  One practicum student | 1.5 hours/week |
| ATHLETICS: ASSESSMENT (**IN-PERSON**)  (Clinical interview, in person assessment, and feedback) | Varies each semester |
| **Total Direct Hours:** | **(max) 22 Hours/Week** |
|  |  |
| **Non-Direct/Required Service Activities:** | |
| RECEIVING SUPERVISION:  SCC: Primary Supervision  Athletics Primary Supervision  SCC: Rotation Supervision (0.5 hour/week per rotation)  SCC: Group Therapy Supervision (0.5 hour/week per group) | 1 hour/week  1 hour/week  Max 0.5 hours/week  Max 0.5 hours/week |
| SCC: SUPERVISION OF SUPERVISION | 1.5 hours/week |
| CONSULTATIONS  EXCEMPT?? | 1 hour/biweekly  1 hour a week |
|  |  |
| MEETINGS:  SCC: Staff meeting | 0.75 hour/week (1.5 hours biweekly) |
| SCC: Intern check-in | 0.25 hours/week (1 hour a month) |
|  |  |
| Trainings:  Training Seminar Series | 2.0 hours/week |
| Other:  Administrative time | 8.0 hours/week\* |
| **Total Indirect Hours:** | **(Max.) 18 Hours/week** |
| **TOTAL INTERNSHIP HOURS** | **40 HOURS/WEEK** |

Direct Service Hours (Individual/Couples/Provision of supervision): **SCC Athletics**

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| --- | --- |
| Individual clients  SCC (7 total, OR 5 general clients + 2 rotation clients) | 7 hours/week |
| Athletics (9 general clients, but it is usually more) | 9 hours/week |
| Group Therapy  \*SCC (1 group (1.5 hr. group) | 1.5 hours/week |
| Triage  \*SCC (Walk-In Clinic) | 1 hour/week |
| Provision of Supervision  \*Athletics | 1.5 hours/week |
| Assessment  (Clinical interview, in person assessment (not on computer), and  assessment feedback) | Varies of each semester |
|  |  |
| Total Direct Hours: | 20 Hours/Week |
|  |  |
| Non-Direct/Required Service Activities: | |
| Supervision  SCC Primary Supervision | 1.0 hour/week |
| Athletics Primary supervision | 1.0 hour/week |
| SCC Rotation Supervision | 0.5 hour/week |
| SCC Group Therapy Supervision | 0.5 hour/week |
| SCC Supervision of Supervision | 1.5 hours/week |
| Athletics 30 minute assessment supervision | 0.5 hours as needed |
|  |  |
| Consultation  SCC Group Consultation | 0.5 hour/week |
| SCC Peer Consult | 1.0 hour a week |
| Athletics “Peer Consultation” or similar. | 1.0 hour/week |
|  |  |
| Meetings:  SCC Staff meeting | 0.75 hour/week (1.5 hours biweekly) |
| SCC Intern case seminar | 0.5 hour/week (1 hour/biweekly) |
| (Meeting with Training Director | 0.5 hour/month) |
| Athletics? |  |
| Trainings:  SCC Training Seminar Series (ALL) | 2.0 hours/week |
| Other:  SCC Administrative time | 4.0 hours/week\* |
| Athletics Administrative Time | 4.0 hours/week\* |
| Athletics: treatment/Performance Team meetings | 1.0 hours/week |
| Additional Athletics time: | 0.75 hours/week |
|  |  |
| Total Indirect Hours: | 20.00 Hours/week |
| Total Internship Hours [SCC: 22.25, Athletics: 17.75] | 40 Hours/week |
|  |  |

*\* (e.g., notes/case management, departmental committees, outreach prep, supervision prep.)*

*Note, completion of your 500 direct service hours does not signify the end of your internship. You have contracted to receive training for the full 12 months and we, in turn, have contracted to provide you with training and supervision for the full 12 months.*