

# **CYNTHIA A. PHELPS, PH.D., LCSW**

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4517 9<sup>th</sup> Street \* Lubbock, TX 79416 \* Telephone: 806-795-3111 \* Cell phone: (806) 632-2604

## **EDUCATION**

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**TULANE UNIVERSITY**, New Orleans, LA

*Doctor of Philosophy, School of Social Work - December 2001*

Research Assistant - August 1994 to June 1996

Served as Student Representative for Doctoral Program Management Committee,  
August 1995 to May 1996.

Dissertation: *Divorce Adjustment and the Co-Parenting Relationship: An exploration of the relationships between time, adjustment, communication and interaction.*

**UNIVERSITY OF SOUTHERN MISSISSIPPI**, Hattiesburg, MS

*Master of Social Work, August 1991*

Recipient of award for Outstanding Academic Achievement, August 1991

**LOUISIANA STATE UNIVERSITY**, Baton Rouge, LA

*Bachelor of Science, Rural Sociology, December 1985*

Supplemental Studies in Communications at the American University (1983), Washington, D.C. and in Sociology at Harvard University (1985), Cambridge, MA

## **ACADEMIC EXPERIENCE**

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**TEXAS TECH UNIVERSITY**, Lubbock, TX *Aug. 1997 - Dec. 2007, Aug. 2011-present*

Department of Sociology, Anthropology and Social Work

*Field Director and Instructor, Social Work Program, January 2014 - present*

*Part time Instructor, Social Work Program, August 2011- December 2013*

*Field Director in the Social Work Program, August 2001 to December 2007*

*Assistant Visiting Professor and Lecturer, Social Work Program, August 1997 to June 2003*

*Assistant Professor, Social Work Program, August 2003 to December 2007*

Courses taught include: Human Behavior and the Social Environment I & II;  
Social Work with Diverse Populations; Social Work Practice: Macro Systems;  
and Social Work: Field Placement Integrative Seminar.

Coordinated 400 hour internships for social work students with appropriate agencies and organizations. Recruited and trained field supervisors, evaluated students field supervisors and field sites, responsible for updating and revising field manual, assisted with creation of new field evaluation instrument.

## ACADEMIC EXPERIENCE, *continued*

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**LOUISIANA STATE UNIVERSITY**, Baton Rouge, LA  
*Instructor for MSW students in the School of Social Work, August 1996 to June 1997*  
Course taught: Treatment Techniques for Marital and Family Treatment.  
*Field Liason for MSW students, August 1996 to June 1997*

**TULANE UNIVERSITY**, New Orleans, LA  
*Instructor for MSW students in the School of Social Work, August 1996 to June 1997*  
Courses taught include: Treatment Approaches to Sexual and Relationship Dysfunction and Conflict Resolution Theory and Techniques.  
*Teaching Assistant for MSW students in the School of Social Work, August 1994 to June 1996*  
Courses taught: Advanced Practice with Small Groups; Advanced Practice with Individuals; and Conflict Resolution Theory and Techniques.  
*Member of Tulane University Mediation Team, August 1995 to June 1996*

## SOCIAL WORK and other PROFESSIONAL EXPERIENCE

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**LUBBOCK COUNTY DISPUTE RESOLUTION CENTER**, Lubbock, TX  
*Mediator/Parenting Coordinator, January, 2009 to Present*  
Provide mediation and/or Parenting Coordinator services to juveniles and their guardians referred by the court.

**THE FAMILY CENTER**, Baton Rouge, LA  
*Counselor, June 1996 to August 1997*  
Provided individual, marital and family counseling to adults, adolescents and children.

**THE DIVORCE CENTER / CENTER FOR RELATIONSHIP THERAPY**,  
New Orleans, LA  
*Counselor, January 1995 to August 1997*  
Provided individual, marital and family counseling to adults, adolescents and children. Led various weekly support groups for adults and children dealing with issues of divorce and separation adjustment. Mediated divorce and custody disputes for voluntary and court-ordered clients. Provided supervision for voluntary and court-ordered parent/child visitation sessions.

**OUR LADY OF THE LAKE HOSPITAL**, Baton Rouge, LA  
*Social Worker, Mental and Behavioral Health Services, June 1993 to August 1997*  
Provided social services to adults and their families in an in-patient psychiatric setting. Services included individual, family and group counseling, coordination of the medical team, assessment and discharge planning.

SOCIAL WORK EXPERIENCE, *continued*

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**CHARTER HOSPITAL OF JACKSON**, Jackson, MS

*Social Worker, August 1991 to June 1993*

Provided social services in an in-patient psychiatric treatment facility to children, adolescents and adults. Individual, family and group counseling, coordination of the treatment team, assessment and discharge planning.

Participated in community and in-house focus groups to evaluate quality of services provided by the facility. Provided field supervision to a student from the MSW program of the University of Southern Mississippi.

**CATHOLIC CHARITIES** - Jackson, MS

*Counselor - Marriage and Family Counseling Program, 1992 to June 1993*

Provided individual, marital and family counseling to adults, and adolescents.

PRESENTATIONS, CLASSES AND SEMINARS

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**LUBBOCK FAMILY GUIDANCE AND OUTREACH CENTER,**

Lubbock, TX *Presenter/Instructor, Jan. 2008 – Present*

Topics presented Include: *Kids In Divorce Situations, Bonding with Your Stepfamily, Discipline and Your Stepchildren, What to Do with Your Children this Summer, Characteristics of Healthy Families, Anxious Children, Empowering our Daughters and Sons for success, Creating and Maintaining Successful Relationships, Challenges of Blended Families*

**NASW- Lubbock Chapter**, May 2012

*Co Presenter of 3 hour Ethics seminar*

**Second Baptist Church**, Lubbock, TX - May 2012- 2014

Topics Presented Include: *Healthy Co-parenting after Divorce, Healthy Relationships for Adults, Empowering our Children for success*

**COMMUNITIES IN SCHOOLS**, Reese Alternative School, April 12, 2012

*Raising Successful Sons and Daughters*

**BUILDING STRONG FAMILIES CONFERENCE, Lubbock, TX**

*Single Parenting and Co-Parenting Seminars. Presenter Fall 2011*

*Bonding with Your Step/Blended Family. Presenter. Fall 2008*

*Single Parenting Seminar. Panel Member, Fall 2004*

**TEXAS TECH UNIVERSITY, SOCIAL WORK DIVISION**

*Preparing for Social Work Students in the Field,*

Workshop Leader/Presenter, Lubbock, TX, August 2002 and August 2003

Developed and Presented a three hour workshop for new and experienced field supervisors associated with the social work program at Texas Tech.

**PRESENTATIONS AND SEMINARS, *continued***

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**TEXAS TECH HEALTH SCIENCES CENTER, HealthNet**

*Coparenting After Divorce*

Presenter, Lubbock, TX, July 2002

Developed and Presented a 90 minute videotaped continuing education seminar for social workers. Produced by *HealthNet*, the seminar can be distributed to subscriber agencies and government facilities.

**FAMILY MEDIATION COUNCIL OF LOUISIANA**

*Divorce Mediation Training for Child Custody, Property and Support Issues*

Seminar Faculty, Alexandria, LA, November 1997

Seminar Faculty, New Orleans, LA, November, 1995

Served as a member of the seminar training faculty providing various segments of mediation training. These were regionally attended seminars for individuals wishing to receive state and national certification as a family mediator.

*Mediation Training for Parenting Disputes, Property Division, and Support*

Facilitator, New Orleans, LA, October, 1995

Invited to serve as Facilitator for this training seminar conducted by John Haynes.

**THE DIVORCE CENTER**

*Meeting the Challenge of Divorce*

Workshop Leader/Presenter, Baton Rouge, LA, January 1997

Assisted with the coordination, development, and marketing, as well as served as Presenter, for this two day regional workshop for therapists and other professionals. Course content included concepts and techniques relating to the development of practice skills with issues of divorce, co-parenting and mediation.

**THE DIVORCE CENTER**

*Effective Co-parenting Skills*

Presenter, New Orleans, LA, September 1995 to December 1996

Presented monthly three hour classes to parents who were court-ordered to attend, as well as voluntary parents from the community, addressing co-parenting issues.

*Fair Fighting for Couples*

Presenter, New Orleans, LA, January to May 1996

Presented monthly two-hour classes to couples wishing to strengthen their communication and problem resolution skills.

PRESENTATIONS AND SEMINARS, *continued*

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**LOUISIANA STATE BAR ASSOCIATION**

*Co-parenting Education Resources*

Panel Member, Lafayette, LA, August 1996

Served as an invited panel member for this seminar for lawyers, judges and other members of the legal community. Presented and discussed possible community based co-parenting resources that may be recommended/ordered by lawyers and judges.

**TULANE UNIVERSITY MEDIATION COUNCIL**

*Tulane Mediation Team Training on Mediation Techniques*

Workshop Trainer, September, 1995

Served as a trainer for mediation theory and techniques for the University wide mediation team comprised of faculty, staff and students.

SPECIAL RECOGNITION, SERVICE AND MEMBERSHIP

**ST. STEPHEN'S EPISCOPAL CHURCH, Lubbock, TX**

Member of Vestry Board, May 2013 - January 2015

*Re-elected Jan. 2015*

*Buildings and Grounds Use committee*

*Art Show committee*

*Senior Warden, February 2014 - January 2015.*

*Re-elected for three year term - January 2015- present*

**ALL SAINTS EPISCOPAL SCHOOL, Lubbock, TX**

Member of Board of Trustees, May 2012 - Present

*Elected Secretary - April 2014- Present*

Parent Group Board Member, 2009 - Present

*President (2011-2012, Vice-President (2010-2011),*

*Volunteer Coordinator (2009-2010)*

**LUBBOCK RAPE CRISIS CENTER, Lubbock, TX**

Member of the Board of Directors, 2011- Present

*Secretary, November 2013 - Present*

**INSPIRING FAMILIES (IF), Levelland, TX,**

Vice-President/Treasurer of Board of Directors, June 2004 - Present

**MENTORING ACTIVITIES FOR CHILDREN (MAC), Lubbock, TX**

Member, Advisory Board , January 2004 to 2007

SPECIAL RECOGNITION, SERVICE AND MEMBERSHIP, *continued*

**TEXAS TECH UNIVERSITY - Sociology, Anthropology and Social Work**

Member, Recruiting Committee for Social Work Program, August 2003 - May 2004

Member, Retirement Party Committee for Dr. Jerry Matthews, August 2003 - April 2004

**TEXAS TECH UNIVERSITY - Early Childhood Education Department**

Member, Facilities Expansion Fundraising Committee, August 2003 - Dec. 2003

**SOCIAL WORK EDUCATOR OF THE YEAR**

Awarded by Lubbock Chapter, National Association for Social Workers, March 2002

**COUNCIL FOR SOCIAL WORK EDUCATION (CSWE),**

Member, 1997 to 2007

**NATIONAL ASSOCIATION FOR SOCIAL WORKERS (NASW)**

Member, 1991 to Present

**COURT ORDERED VISITATION AND EXCHANGE (COVE),**

Lubbock, TX, Member, Board of Directors, 1998 - 1999

**PROFESSIONAL LICENSE**

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**TEXAS LICENSE:** Licensed Clinical Social Worker  
2011 to Present, and 1997 to 2009

**LOUISIANA LICENSE:** Board Certified Social Worker  
1995 to Present