

**Cara Gilbert Speer, LCSW-S
Texas Tech University
Social Work Program
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EDUCATION:

1975	Bachelor of Science Summa Cum Laude Social Work/Sociology	Abilene Christian University
1977	Master of Science In Social Work	University of Texas at Arlington

LICENSURE:

2012-present	Board Approved Supervisor, State of Texas
2009-present	Licensed Clinical Social Worker (LCSW), State of Texas
1990-2009	Licensed Master of Social Work (LMSW), State of Texas
2006-present	Continuing Education Provider for Texas State Board of Social Work Examiners

ACADEMIC EXPERIENCE:

2019-present	Acting Director of BASW Program
2015-present	Assistant Professor of Practice, Director of BASW Field Education; Texas Tech University
2014-2015	Instructor of Social Work, Director of BSW Program; West Texas A&M University
2007-2014	Instructor of Social Work, Director of Field Education; West Texas A&M University
2006-2007	Adjunct Faculty Member; Texas Tech University
2003-2005	Professor of Social Work; Lubbock Christian University
1995-2005	Director of Social Work Program; Lubbock Christian University
1990-2002	Associate Professor of Social Work; Lubbock Christian University
1995-2000	Chair of Behavioral Sciences Department, Lubbock Christian University
1992-1995	Director of Student Relations, Social Work Program; Lubbock Christian University
1990-1992	BSW Field Education Coordinator, Social Work Program; Lubbock Christian University

KEY WORDS FOR TEACHING INTERESTS:

Social Work Practice; Human Behavior and Social Environment; Social Policy; Field Education

KEY WORDS FOR RESEARCH INTERESTS

Social Work Practice, Supervision, E-Supervision, Professional Licensing

SUMMARY OF COURSES TAUGHT:

SW 4340 Social Work Field Placement Integrated Seminar

ADMINISTRATION RESPONSIBILITIES

Acting Director of BASW Program-I am responsible for providing leadership for the program, scheduling of courses, securing adjuncts, answering questions/complaints of BASW majors, heading up recruiting efforts, mentoring faculty, monitoring admission to the program, chairing the Student Concern/Professional Review Committee, and writing monthly newsletter for majors.

Director of BASW Field Education-I am in charge of placing all graduating seniors in 400 hr. field placements in local agencies. Also, I must retain good relations with the community agencies, recruit new agencies and supervisors, and train all supervisors. I attend approximately, make agency visits and conduct trainings for supervisors. In 2017, I organized a field placement/career fair for MSW and BASW students and local agencies.

SOCIAL WORK PRACTICE EXPERIENCE:

2013-present	Supervision of LMSWs in pursuit of the LCSW licensure and Independent Practice Recognition (2 - 4 hours per week)
2012-present	Private Practice; Counseling for individuals and families (5-8 hours per week)
2006-2016	Social worker/Social work supervisor Vista Care/Odyssey/Gentiva Hospice Duties- Counseling terminally ill patients and their families; providing resources for needy patients and their families; Supervising and providing training for LBSWs
2002	Targeted Case Manager Amarillo Case Management Duties: Performed case management duties for at-risk pregnant women and chronically ill children and their families
1989-1990	Social Work Supervisor Children's Connection Duties: Supervise BSW level social workers providing services to families reported to CPS for abuse or neglect; facilitated parent education groups
1986-1989	Parent Educator/Family Life Teacher South Pacific Bible College Tauranga, New Zealand
1978-1980	Executive Director Youth Services Center Clinton, Oklahoma Duties: Supervised social workers and house parents in assessment center for abused, neglected and runaway children; managed budget, wrote successful grant for disability accommodations
1977	Foster Care Social Worker Christian Services of the Southwest Dallas, Texas Duties: Performed case management duties for foster children, biological parents, and foster parents

RESEARCH

FUNDED RESEARCH:

- 2017 Awarded a \$25,000 grant by the American Foundation for Research and Consumer Education for Social Work Regulation; "Perceptions about Use and Effectiveness of E-Supervision for Clinical Social Work License Candidates"

PROFESSIONAL PRESENTATIONS:

- 2020 "Perceptions about Use and Effectiveness of E-Supervision for Clinical Social Work Candidates" Association of Social Work Boards National Conference, Chicago, Illinois (with Laura Lowe, PhD)
- 2019 "End-of-Life Decisions and Documents: The Impact of Culture and Spirituality" National Association of Social Workers Texas Chapter State Conference, Galveston, Texas
- 2018 "NASW Ethics, Here We Go Again. The Good, The Bad, and the Unethical". National Association of Social Workers Texas Chapter State Conference, Arlington, Texas
- 2017 "Structuring Field Assignments, Journals, and Evaluations to Assess the 2015 EPAS" National Association of Social Workers Texas Chapter State Conference, Galveston, TX.
- 2016 "Client/Social Worker Therapeutic Relationships: The Good, the Bad, and the Unethical" National Association of Social Workers Texas Chapter State Conference, Arlington, TX.
- 2014 "Impact of the Family System in Work with Critically Ill Patients" National Association of Social Workers Texas Chapter State Conference, Galveston, TX.
- 2013 "Journaling to Meet the Competencies" National Association of Social Workers Texas Chapter State Conference, Austin, TX.
- 2012 "Raising Cultural Awareness in Beginning Social Work Students" National Association of Social Workers Texas Chapter State Conference, Houston, TX.
- 2010 "Community Based Service Options: Infusing Experiential Learning throughout the Curriculum" Council on Social Work Education Annual Program Meeting, Atlanta, GA.
- 2008 "Reinventing the Settlement House Movement: Infusing Experiential Learning throughout the Curriculum" Council on Social Work Education Annual Program Meeting, Philadelphia, PA.

UNIVERSITY SERVICE

DEPARTMENTAL SERVICE

- 2019 Recruitment Activities-Spoke in 4 lower division social work courses at South Plains College and Texas Tech University; Attended Major/Minors Fair and Arts and Sciences Day, State Conference of NASW-TX in Galveston (exhibitor for TTU MSW Recruiting Table), and two Career Days for LISD and FISSD
- 2019 Sponsor of Phi Alpha Social Work Honor Society
- 2017-2018 Chair of Search Committee for Assistant Professor of Practice position, Texas Tech University
- 2017-2019 Mentor to Social Work Adjunct Faculty, Texas Tech University
- 2017 Organized Texas Tech Social Work Program Field Placement/ Career Fair
- 2016-present Member of Student Concern/Professional Review Committee for Social Work Program, Texas Tech University (Chair 2019)
- 2016-present Member of Committee for Admission to Practice Sequence for Social Work Program, Texas Tech University (Chair 2019)
- 2016-present BASW Assessment Committee, Texas Tech University
- 2016 Developed curriculum for and co-facilitated BASW and MSW Field Instructor Training Course, Texas Tech University
- 2016 Provided Continuing Education for Field Instructor Training Course, Texas Tech University

COMMUNITY SERVICE

- 2019 Judge for Christmas Door Contest, Frenship Independent School District
- 2019 Organizer of Support Group for Women Married to Men with Disabilities
- 2017 Organizer, Developer and Facilitator for Support Group for Returning Missionaries
- 2005-present Teacher of Parent Education Class offered every spring for 48 clock hours, Offered free to public
- 2002-2017 Serve as volunteer judge for Lubbock Independent School District's Academic Decathlon program
- 2005-2007 Co-facilitator of Coping with Breast Cancer Support Group, American Cancer Society
- 2003-2007 Served on Board of Directors of Building Strong Families Conference
- 1999-2003 Member of Mayor's Community Relations Commission, City of Lubbock
- 1999 Susan G. Komen Race for the Cure, Lubbock Christian University Coordinator
- 1992-1995 Community Connections Advisory Council, Lubbock Regional MHMR
- 1991-1995 Chairperson of Neighborhood and Community Services Commission, City of Lubbock

COMMUNITY PRESENTATIONS

- 2013 "Caring for the Caregiver: Handling the Stressors of Caregiving"
Alzheimer's Association of Lubbock Conference, Lubbock, TX.
- 2007 "Caring for the Caregiver: Handling the Stressors of Caregiving"
Homeless Consortium of Lubbock Conference, Lubbock, TX.
- 2002 "A Square Peg in a Round Hole: When Your Child Does Not Fit the Mold"
Building Strong Families Conference, Lubbock, TX.
- 2000 "Helping Your Child Cope with a Serious Illness in the Family"
Building Strong Families Conference, Lubbock, TX.
- 1995 "Date Rape on Campus"
Student Services Campus Presentation, Lubbock Christian University, Lubbock, TX.
- 1992 "Helping your Child Succeed in School"
Lubbock Christian Schools-PTA Sponsored Parent Workshop, Lubbock, Texas
- 1987 "Natural and Logical Consequences as a Means of Discipline"
Family Enrichment Seminar, Christchurch, New Zealand

SERVICE TO THE PROFESSION

PRESENTATIONS TO PROFESSIONALS

- 2019 "NASW Ethics: Here We Go Again. The Good, The Bad, and the Unethical. National Association of Social Workers Texas Chapter, South Plains Branch Spring Ethics Workshop, Lubbock, Texas
- 2018 "A Sneak Peek at the New NASW Code of Ethics" National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock Texas
- 2018 "The Impact of Research and Policy on a 44 Year Social Work Career" National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock, Texas
- 2017 "Inspirational Leadership" National Association of Social Workers Texas Chapter Sandra Lopez Leadership Institute, Austin, TX.
- 2016 "How to Become an LCSW and a Board Approved Supervisor" National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock, TX.
- 2015 "Compassion Fatigue: Prevention and Treatment" Workshop for Ministerial Workers, Lubbock, TX.
- 2010 "The Importance of Client Self-Determination" Vista Care Hospice Employee In-Service Training, Lubbock, TX.
- 2009 "Professional Boundaries" National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock, TX.
Vista Care Hospice In-Service Training 1999 "Developing a Therapeutic Relationship with the Client" Texas Tech Health Sciences Center Health Net, Lubbock, TX.
- 1995 "Assessing the Person-in-Environment" Texas Tech Health

COMMUNITY SERVICE FOR PROFESSIONALS

- 2019 Provided free Continuing Education to South Plains Association of Governments
- 2018 Provided free Continuing Education to Open Door
- 2017 Provided free Continuing Education to Voice of Hope, UMC, and Windmill Village
- 2008-present Continuing Education Provider for Building Strong Families Conference

PROFESSIONAL MEMBERSHIPS AND SERVICE TO PROFESSION THROUGH LEADERSHIP

National Association of Social Workers

2019 Membership Committee, Texas Chapter
2019 Member of Hiring Committee for Executive Director of NASW-TX
2018-present Delegate from Texas to NASW National Delegate Assembly
2013-2018 Vice President of Texas State Board of Directors
2008-2018 Member of Texas State Board of Directors
2001-present Steering committee member, South Plains chapter
2003-2004 Leadership Search Chair, South Plains chapter
Chairperson, South Plains chapter
2001-2003 Member of Texas State Board of Directors
Executive Committee

North American Association of Christians in Social Work

2005-2009

Council on Social Work Education

2008-2011

Baccalaureate Program Directors

2015, 1990-2009

HONORS

2014, 2007, 2001, 1992 Social Worker of the Year, National Association of Social Workers, South Plains Branch
2011, 2012 Texas A&M Chancellor's Teaching Excellence Award, West Texas A&M University
2006, 2005, 2001, 1995 Who's Who Among American Teachers
1995 L. R. Wilson Teacher of the Year, Lubbock Christian University