

**Cara Gilbert Speer, LCSW-S
Texas Tech University
Social Work Program
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EDUCATION:

1975	Bachelor of Science Summa Cum Laude Social Work/Sociology	Abilene Christian University
1977	Master of Science In Social Work	University of Texas at Arlington

LICENSURE:

2012-present	Board Approved Supervisor, State of Texas
2009-present	Licensed Clinical Social Worker (LCSW), State of Texas
1990-2009	Licensed Master of Social Work (LMSW), State of Texas
2006-present	Continuing Education Provider for Texas State Board of Social Work Examiners

ACADEMIC EXPERIENCE:

2021-present	Associate Professor of Practice, Director of BASW Field Education; Texas Tech University
2015-2021	Assistant Professor of Practice, Director of BASW Field Education; Texas Tech University
2014-2015	Instructor of Social Work, Director of BSW Program; West Texas A&M University
2007-2014	Instructor of Social Work, Director of Field Education; West Texas A&M University
2006-2007	Adjunct Faculty Member; Texas Tech University
2003-2005	Professor of Social Work; Lubbock Christian University
1995-2005	Director of Social Work Program; Lubbock Christian University
1990-2002	Associate Professor of Social Work; Lubbock Christian University
1995-2000	Chair of Behavioral Sciences Department, Lubbock Christian University
1992-1995	Director of Student Relations, Social Work Program; Lubbock Christian University
1990-1992	BSW Field Education Coordinator, Social Work Program; Lubbock Christian University

KEY WORDS FOR TEACHING INTERESTS:

Social Work Practice; Human Behavior and Social Environment; Social Policy; Field Education

KEY WORDS FOR RESEARCH INTERESTS

Social Work Practice, Supervision, E-Supervision, Professional Licensing

SUMMARY OF COURSES TAUGHT:

SW 4340 Social Work Field Placement Integrated Seminar
SW 4611 Social Work Field Placement
Human Behavior in the Social Environment Life Cycle
Human Behavior in the Social Environment-Theories
Social Work Practice-Micro, Mezzo, Macro
Social Justice
Introduction to Social Work
Effective Parenting
Social Policy

ADMINISTRATION RESPONSIBILITIES

Director of BASW Field Education-I am in charge of placing all graduating seniors in 400 hr. field placements in local agencies. Also, I must retain good relations with the community agencies, recruit new agencies and supervisors, and train all supervisors. I attend approximately, make agency visits and conduct trainings for supervisors. In 2017, I organized a field placement/career fair for MSW and BASW students and local agencies.

SOCIAL WORK PRACTICE EXPERIENCE:

2013-present	Supervision of LMSWs in pursuit of the LCSW licensure and Independent Practice Recognition (2 - 4 hours per week)
2012-present	Private Practice; Counseling for individuals and families (5-8 hours per week)
2006-2016	Social worker/Social work supervisor Vista Care/Odyssey/Gentiva Hospice Duties- Counseling terminally ill patients and their families; providing resources for needy patients and their families; Supervising and providing training for LBSWs
2002	Targeted Case Manager Amarillo Case Management Duties: Performed case management duties for at-risk pregnant women and chronically ill children and their families
1989-1990	Social Work Supervisor Children's Connection Duties: Supervise BSW level social workers providing services to families reported to CPS for abuse or neglect; facilitated parent education groups
1986-1989	Parent Educator/Family Life Teacher South Pacific Bible College Tauranga, New Zealand
1978-1980	Executive Director Youth Services Center Clinton, Oklahoma Duties: Supervised social workers and house parents in assessment center for abused, neglected and runaway children; managed budget, wrote successful grant for disability accommodations
1977	Foster Care Social Worker Christian Services of the Southwest Dallas, Texas Duties: Performed case management duties for foster children, biological parents, and foster parents

RESEARCH

FUNDED RESEARCH:

- 2017 Awarded a \$25,000 grant by the American Foundation for Research and Consumer Education for Social Work Regulation; "Perceptions about Use and Effectiveness of E-Supervision for Clinical Social Work License Candidates"

PROFESSIONAL PRESENTATIONS:

- 2020 "Perceptions about Use and Effectiveness of E-Supervision for Clinical Social Work Candidates" Association of Social Work Boards National Conference, Chicago, Illinois (with Laura Lowe, PhD)
- 2019 "End-of-Life Decisions and Documents: The Impact of Culture and Spirituality" National Association of Social Workers Texas Chapter State Conference, Galveston, Texas
- 2018 "NASW Ethics, Here We Go Again. The Good, The Bad, and the Unethical". National Association of Social Workers Texas Chapter State Conference, Arlington, Texas
- 2017 "Structuring Field Assignments, Journals, and Evaluations to Assess the 2015 EPAS" National Association of Social Workers Texas Chapter State Conference, Galveston, TX.
- 2016 "Client/Social Worker Therapeutic Relationships: The Good, the Bad, and the Unethical" National Association of Social Workers Texas Chapter State Conference, Arlington, TX.
- 2014 "Impact of the Family System in Work with Critically Ill Patients" National Association of Social Workers Texas Chapter State Conference, Galveston, TX.
- 2013 "Journaling to Meet the Competencies" National Association of Social Workers Texas Chapter State Conference, Austin, TX.
- 2012 "Raising Cultural Awareness in Beginning Social Work Students" National Association of Social Workers Texas Chapter State Conference, Houston, TX.
- 2010 "Community Based Service Options: Infusing Experiential Learning throughout the Curriculum" Council on Social Work Education Annual Program Meeting, Atlanta, GA.
- 2008 "Reinventing the Settlement House Movement: Infusing Experiential Learning throughout the Curriculum" Council on Social Work Education Annual Program Meeting, Philadelphia, PA.

UNIVERSITY SERVICE

DEPARTMENTAL SERVICE

- 2022 Co-chair of Search Committee for Assistant/Associate Professor of Practice
- 2021-present Chair of Student Recruitment Committee
- 2019 Recruitment Activities-Spoke in 4 lower division social work courses at South Plains College and Texas Tech University; Attended Major/Minors Fair and Arts and Sciences Day, State Conference of NASW-TX in Galveston (exhibitor for TTU MSW Recruiting Table), and two Career Days for LISD and FISD
- 2019 Sponsor of Phi Alpha Social Work Honor Society
- 2017-2018 Chair of Search Committee for Assistant Professor of Practice position, Texas Tech University
- 2017-2019 Mentor to Social Work Adjunct Faculty, Texas Tech University
- 2017 Organized Texas Tech Social Work Program Field Placement/ Career Fair
- 2016-present Member of Student Concern/Professional Review Committee for Social Work Program, Texas Tech University (Chair 2019)
- 2016-present Member of Committee for Admission to Practice Sequence for Social Work Program, Texas Tech University (Chair 2019)
- 2016-present BASW Assessment Committee, Texas Tech University

- 2016 Developed curriculum for and co-facilitated BASW and MSW Field Instructor Training Course, Texas Tech University
- 2016 Provided Continuing Education for Field Instructor Training Course, Texas Tech University

COMMUNITY SERVICE

- 2019 Judge for Christmas Door Contest, Frenship Independent School District
- 2019 Organizer of Support Group for Women Married to Men with Disabilities
- 2017 Organizer, Developer and Facilitator for Support Group for Returning Missionaries
- 2005-present Teacher of Parent Education Class offered every spring for 48 clock hours, Offered free to public
- 2002-2017 Serve as volunteer judge for Lubbock Independent School District's Academic Decathlon program
- 2005-2007 Co-facilitator of Coping with Breast Cancer Support Group, American Cancer Society
- 2003-2007 Served on Board of Directors of Building Strong Families Conference
- 1999-2003 Member of Mayor's Community Relations Commission, City of Lubbock
- 1999 Susan G. Komen Race for the Cure, Lubbock Christian University Coordinator
- 1992-1995 Community Connections Advisory Council, Lubbock Regional MHMR
- 1991-1995 Chairperson of Neighborhood and Community Services Commission, City of Lubbock

COMMUNITY PRESENTATIONS

- 2013 "Caring for the Caregiver: Handling the Stressors of Caregiving"
Alzheimer's Association of Lubbock Conference, Lubbock, TX.
- 2007 "Caring for the Caregiver: Handling the Stressors of Caregiving"
Homeless Consortium of Lubbock Conference, Lubbock, TX.
- 2002 "A Square Peg in a Round Hole: When Your Child Does Not Fit the Mold"
Building Strong Families Conference, Lubbock, TX.
- 2000 "Helping Your Child Cope with a Serious Illness in the Family"
Building Strong Families Conference, Lubbock, TX.
- 1995 "Date Rape on Campus"
Student Services Campus Presentation, Lubbock Christian University, Lubbock, TX.
- 1992 "Helping your Child Succeed in School"
Lubbock Christian Schools-PTA Sponsored Parent Workshop, Lubbock, Texas
- 1987 Natural and Logical Consequences as a Means of Discipline"
Family Enrichment Seminar, Christchurch, New Zealand

SERVICE TO THE PROFESSION

PRESENTATIONS TO PROFESSIONALS

- 2019 "NASW Ethics: Here We Go Again. The Good, The Bad, and the Unethical. National Association of Social Workers Texas Chapter, South Plains Branch Spring Ethics Workshop, Lubbock, Texas
- 2018 "A Sneak Peek at the New NASW Code of Ethics" National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock Texas
- 2018 "The Impact of Research and Policy on a 44 Year Social Work Career"
National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock, Texas
- 2017 "Inspirational Leadership"
National Association of Social Workers Texas Chapter Sandra Lopez Leadership Institute, Austin, TX.
- 2016 "How to Become an LCSW and a Board Approved Supervisor"
National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock, TX.
- 2015 "Compassion Fatigue: Prevention and Treatment"

- 2010 Workshop for Ministerial Workers, Lubbock, TX.
"The Importance of Client Self-Determination"
- 2009 Vista Care Hospice Employee In-Service Training, Lubbock, TX.
"Professional Boundaries"
National Association of Social Workers Texas Chapter, South Plains Branch Continuing Education Workshop, Lubbock, TX.
Vista Care Hospice In-Service Training 1999 "Developing a Therapeutic Relationship with the Client"
- 1995 Texas Tech Health Sciences Center Health Net, Lubbock, TX.
"Assessing the Person-in-Environment"
Texas Tech Health

COMMUNITY SERVICE FOR PROFESSIONALS

- 2021 Provided free Continuing Education to Parenting Cottage
- 2019 Provided free Continuing Education to South Plains Association of Governments
- 2018 Provided free Continuing Education to Open Door
- 2017 Provided free Continuing Education to Voice of Hope, UMC, and Windmill Village
- 2008-present Continuing Education Provider for Building Strong Families Conference

PROFESSIONAL MEMBERSHIPS AND SERVICE TO PROFESSION THROUGH LEADERSHIP

National Association of Social Workers

- 2019 Membership Committee, Texas Chapter
- 2019 Member of Hiring Committee for Executive Director of NASW-TX
- 2018-2021 Delegate from Texas to NASW National Delegate Assembly
- 2013-2018 Vice President of Texas State Board of Directors
- 2008-2018 Member of Texas State Board of Directors
- 2001-present Steering committee member, South Plains chapter
- 2003-2004 Leadership Search Chair, South Plains chapter
Chairperson, South Plains chapter
- 2001-2003 Member of Texas State Board of Directors
Executive Committee

North American Association of Christians in Social Work

2005-2009

Council on Social Work Education

2008-2011

Baccalaureate Program Directors

2015, 1990-2009

HONORS

- 2014, 2007, 2001, 1992 Social Worker of the Year, National Association of Social Workers, South Plains Branch
- 2011, 2012 Texas A&M Chancellor's Teaching Excellence Award, West Texas A&M University
- 2006, 2005, 2001, 1995 Who's Who Among American Teachers
- 1995 L. R. Wilson Teacher of the Year, Lubbock Christian University

