

TIFFANY WIGINGTON

PH.D., LMSW

ACADEMIC BACKGROUND

Doctor of Philosophy, 2011

The University of Nebraska, Lincoln, NE
Human Sciences: Child, Youth, and Family Studies

Master of Social Work, 2004

Saint Ambrose University, Davenport, IA

Bachelor of Fine Arts, 1997

University of Mary Hardin-Baylor, Belton, TX

ACADEMIC EXPERIENCE

Teaching

A proven student-centered educator dedicated to cultivating an empowerment-based, inclusive learning environment through innovative teaching strategies to enhance engagement and promote learning by valuing each student's diverse backgrounds, unique paths, and individual growth. Instructional motivation lies in fostering individual student growth and ensuring success.

- **ACUE Micro-Credential Inspiring Inquiry and Preparing Lifelong Learners.** Association of College and University Educators, Spring 2023.
- **ACUE Micro-Credential Designing Learner-Centered and Equitable Courses.** Association of College and University Educators, Spring 2023.
- **QM- Improving Your Online Course (IYOC) Credentialed.** Quality Matters Professional Development, Fall 2024.

Associate Professor of Practice, 2025

Texas Tech University, Lubbock, TX
Department of Sociology, Anthropology & Social Work
MSW Online

***Graduate Faculty*, 2016-2024**

Tarleton State University, Stephenville, TX
Department of Social Work
MSW Program

Associate Professor, 2019-2024

Tarleton State University, Stephenville, TX

Assistant Professor, 2016-2019

Tarleton State University, Stephenville, TX

Visiting Lecturer, 2014-2016

University of North Texas, Denton, TX
Department of Community and Professional Programs
Social Work

Assistant Professor, 2011-2014

Stephen F. Austin State University, Nacogdoches, TX
Graduate School of Social Work

Instructor, 2009-2011

The University of Nebraska, Lincoln, NE CYAF 4880, Child and Family Policy
The University of Nebraska, Omaha, NE CYAF 4930, Health and Families

Instructor, 2010-2011

Iowa Western Community College, Council Bluffs, IA HSV 109 Hybrid, Introduction to Human Services

Instructor, 2007-2008

Metropolitan Community College, Omaha, NE HMRL 1010 Human Relation Skills

Instructor, 2006-2007

Jarvis Christian College, Hawkins, TX
SOCW 2361 Introduction to Social Work

Administrative

MSW Program Director, 2017-2024

Tarleton State University
Master of Social Work Program

Accomplishments

- Successfully led the reaffirmation of the MSW Program (2023, 2015 EPAS).
- Successfully led the MSW program through the initial CSWE accreditation process, receiving full accreditation (2008 EPAS).
- Swiftly pivoted all MSW curricula to an online delivery format in response to the COVID-19 pandemic.
- Increased program enrollment, retention, and matriculation over five years, with a 39% increase in MSW student enrollment.
- Planned (implicit and explicit) program and student assessment processes for the MSW program.
- Responsible for analyzing and disseminating MSW program and student assessment data and outcomes.
- Designated to represent the university during the SACSCOC accreditation process related to the university assessment strategies.

PUBLICATIONS

Peer-Reviewed

Bice-Wigington, T., Smith, M. G., & Campbell, A. (2024, *Under Review*). Promoting and sustaining a culture of human interchange through a pedagogical approach. *Journal of Social Work Education*.

Lang, E., Munsey, B., Murray, F., Manning, L., & **Wigington, T.** (2023). Culturally responsive learning environments within higher education. *Learning Environment Research*.
<https://doi.org/10.1007/s10984-023-09481-x>

Manning, L., Murray, F., Hall-Lang, E., Munsey, B., & **Wigington, T.** (2023). Learning experiences within helping disciplines: Faculty & student observations. *Journal of Pedagogical Sociology and Psychology*, 5(1), 31-43. <https://doi.org/10.33902/jpsp.202315517>.

Scott, J., Dardas, L., Sloane, R., **Wigington, T.**, Noonan, D., & Simmons, L. A. (2020). Understanding social determinants of cardiometabolic disease risk in rural women. *Journal of Community Health*, 45(1), 1-9. <https://doi.org/10.1007/s10900-019-00710-0>.

Carbajal, J., Bailey-Wallace, K., Sharma, B., **Bice-Wigington, T.**, Cordova, W., Scott, S., & Cordeiro Dutra, A. (2019). Women ascending to leadership positions in rural nonprofit organizations. *Contemporary Rural Social Work Journal*, 11 (1), 14. <https://digitalcommons.murraystate.edu/crsf/vol11/iss1/14>.

Carbajal, J., Cordova, W., de Fátima Cordeiro Dutra, A., Bailey-Wallace, K., **Bice-Wigington, T.**, Sharma, B., &

Scott, S. (2018). Women ascending to leadership positions in rural communities: A phenomenological study. *SAGE Research Methods Cases*, 1-6.

Bice-Wigington, T. & Morgan, K. (2018). Teaching note: Diversity and difference through a rural lens. *Journal of Social Work Education*. <https://doi.org/10.1080/10437797.2017.1314838>.

Noonan, D., Dardas, L., **Bice-Wigington, T.**, Sloane, R., & Simmons, L. (2016). Understanding multiple behavioral risk factors for cancer in rural women. *Public Health Nursing*, 33 (6), 519-528. <https://doi.org/10.1111/phn.12282>.

Bice-Wigington, T., Huddleston-Casas, C., & Simmons, L. A. (2015). An ecological perspective on rural, low-income mothers' health. *Journal of Social Work in Public Health*, 30 (2), 129-143. <https://doi.org/10.1080/19371918.2014.969860>.

Noonan, D., **Bice-Wigington, T.**, Huddleston-Casas, C. A., Sloan, R., & Simmons, L. A. (2014). Multiple behavioral risks for chronic disease in rural women. *Annals of Behavioral Medicine*, 47, S222.

Bice-Wigington, T., & Huddleston-Casas, C. (2012). Influencing self-reported health among rural low-income women through health care and social service utilization: A structural equation model. *Journal of Family Social Work*, 15 (5), 417-434. <https://doi.org/10.1080/10522158.2012.719183>.

Book Chapter

Bice-Wigington, T., & Huddleston-Casas, C. (2014). Influencing self-reported health among rural low-income women through health care and social service utilization: A structural equation model. In Cook, J., Alford, K., Uhrich, J., & Conway, P. (Eds.). *Rural Families and Reshaping Human Services*. New York, Routledge.

Technical Reports

Wigington, T. (2022/2023). MSW Reaffirmation: 2015 EPAS, Self-study report. *Council of Social Work Education*.

Loya, M., & **Bice-Wigington, T.** (2018). Initial MSW accreditation: Self-study report. *Council of Social Work Education*.

Loya, M., & **Bice-Wigington, T.** (2017). Initial MSW accreditation: Benchmark report. *Council of Social Work Education*.

Bice-Wigington, T., & Morgan, K. (2013). NC-1171: Interactions of individual, family, and policy contexts on the mental and physical health of diverse rural low-income families. *Termination Report, USDA NIMSS*.

Bice-Wigington, T., & Greder, K. (2013). Renewal Proposal (extending the NC-1171: Interactions of individual, family, and policy contexts on the mental and physical health of diverse rural low-income families). *USDA NIMSS*.

PRESENTATIONS

Peer-Reviewed

Wigington, T., Smith, M., Sly, L. & Eary, M. (2024). Innovative Training for Social Workers Assisting Migrant Youth: A Pilot Study on SEL Interventions. *8th Regional Conference on Social Work and Human Mobility in The Americas*. Edinburg, TX.

Wigington, T., & Smith, M. (2023). Engaging Students Through Choice. *Perusall Exchange® 2023*. Austin, TX, Virtual.

Wigington, T., & Smith, M. (2022). Using choice as an active teaching and learning technique. *2022 International Teaching and Learning Cooperative, Lilly Conference*. Durham, NC, Virtual.

- Wigington, T.,** Smith, M., & Carrell, J. (2021). Using Portfolium as an experiential assessment tool: Creating an equity-focused, holistic, and integrative assessment approach to student learning outcomes. *2021 Educational Excellence Week Symposium (EE Week)*. Tarleton State University, Virtual.
- Wigington, T.,** & Smith, M. (2021). Using choice as an active teaching and learning technique. *2021 Global Social Work Symposium*. Ramapo College of New Jersey, Virtual.
- Bice-Wigington, T.** (2019). Development of telehealth curriculum for social work practice. *Annual National Institute on Social Work and Human Services in Rural Areas Conference*. Paducah, Kentucky.
- Noonan, D., Sloan, R., Muhirwa, A., Scott, J., **Bice-Wigington, T.,** & Simmons, L. A. (2019). The association of place on multiple lifestyle risk factors among rural women: Smoking, overweight/obesity, and physical activity. *American Academy of Health Behavior Annual Meeting*. Greenville, South Carolina.
- Bice-Wigington, T.** (Fall, 2017). An ecological perspective on rural, low-income mothers' health. *CHSHS Research and Scholarship Showcase*. Tarleton State University, Stephenville, TX.
- Bice-Wigington, T.,** & Morgan, K. (Fall, 2017). Diversity and difference through a rural lens. Conference session, *CSWE APM*. Dallas, TX.
- Baker, C., & **Bice-Wigington, T.** (Fall, 2017). CPS involved battered women: Improving mother and child safety through program evaluation and development. Conference session, *NASW-TX Annual Conference*. Galveston, TX.
- Simmons, L.A., Noonan, D., **Bice-Wigington, T.,** Scott, J. & Sloan, R. (Spring, 2017). Risk of obesity-associated diseases by BMI and waist circumference among childbearing rural women. Conference session, *Society of Behavioral Medicine*. San Diego, CA.
- Morgan, K., & **Bice-Wigington, T.** (June, 2016). Mental health needs of rural low-income women: A contextual approach. Conference session, *National Association of Rural Mental Health Annual Conference*. Portland, ME.
- Bice-Wigington, T.,** & Morgan, K. (April, 2016). Bridging the gap between intellectual knowledge and practice behaviors. Conference session, *Association of Baccalaureate Social Work Program Directors Annual Conference*. Dallas, TX.
- Dardas, L., Noonan, D., **Bice-Wigington, T.,** Sloane, N., Huddleston-Casas, C., & Simmons, L. A. (February, 2015). American rural women's risk for preventable chronic disease: Demographic and health correlates. Presentation, *Southern Nursing Research Society Annual Conference*. Tampa, FL.
- Morgan, K. & **Bice-Wigington, T.** (June, 2014). Skills and strategies for FCS professionals working with rural individuals and families experiencing persistent health challenges. Presentation, *American Association of Family and Consumer Sciences Annual Conference*. St. Louis, MO.
- Bice-Wigington, T.,** & Huddleston-Casas, C. (April, 2013). Influencing self-reported health among rural low-income women through health care and social service utilization. Poster presentation, *Bridging the Research and Practice Gap: A symposium*. Houston, TX.
- Dyk, P., Kropczynski, J., Cook, C., Berry, A., **Bice-Wigington, T.,** & Greder, K (Feb., 2013). Low-income housing concerns: Insights from the Rural Families Speak about Health project. Presentation, *Southern Rural Sociological Association Annual Meeting*. Orlando, Florida.
- Kropczynski, J., Dyk, P.H., Greder, K., Cook, C., & **Bice-Wigington, T.** (2012). Low-income housing concerns embedded in the social structure of rural places: A comparative analysis. *Rural Sociological Society Annual Meeting*. Chicago, IL.

Bice-Wigington, T., Moravec-Gallagher, M., Raynes, J., & Perry, B. (Spring, 2012). Utilizing research opportunities to increase future social work practitioners' ability to link research, knowledge, and practice. Poster presentation, *Bright Ideas Conference*. Stephen F. Austin State University, Nacogdoches, TX.

Bice-Wigington, T. (Spring, 2010). Perception of health among low-income rural women. Poster presentation, *University of Nebraska-Lincoln*.

Bice-Wigington, T. (Spring, 2004). Community revitalization. *Social Justice Conference*, Davenport, IA.

Invited

Wigington, T. (August, 2021). Invited Presenter. The ethics roadmap: Navigating an uncertain terrain as an ethical practitioner. *Communities in Schools*. Ft. Worth, TX.

Bice-Wigington, T. (March, 2013). Invited panel member. *Alzheimer's Association Conference*. Nacogdoches, TX.

Bice-Wigington, T. (February, 2013). Invited Speaker. The importance of self-care as related to the well-being of foster parents. *Nacogdoches County Foster Parents Association Meeting*. Nacogdoches, TX.

Bice-Wigington, T. (Spring, 2012). Understanding family dynamics and care provision. Invited Speaker, *Alzheimer's Conference*, Nacogdoches, TX.

Bice-Wigington, T. (Fall, 2009). Respondent-driven sampling: In rural communities. *North Central Region 1171 Research Group Annual Meeting*, Des Moines, IA.

Bice-Wigington, T. (Spring, 2009). Family diversity in healthcare settings. *Children's Hospital and Medical Center*, Omaha, NE.

Bice-Wigington, T. (Spring, 2009). Policies in the health care setting. Guest speaker, *University of Nebraska-Omaha*, Omaha, NE.

RESEARCH AND FUNDING EXPERIENCE

Research Areas

Focused research area and subsequent scholarly contributions examine the social determinants of health and health disparities, emphasizing understanding the intersectionality of contextual factors influencing health and well-being among individuals, families, and communities. Broader research centered on improving social work education and curriculum delivery methods responsive to the diverse learning needs of students and the communities we serve.

Research Experience/Consultation

Research Consultant, *Communities in Schools of Greater Tarrant County*, Ft. Worth.

Principal Investigator and Research Affiliate, NC1171

NC1171 or Rural Families Speak about Health, is a collaborative multidisciplinary research project spanning multiple states, supported by the National Institute for Food and Agriculture (NIFA- formerly USDA) through State-level Agriculture Experimental Stations. The project entitled: Interactions of Individual, Family, and Policy Contexts on the Mental and Physical Health of Diverse Rural Low-Income Families: NC1171 was a longitudinal examination of diverse rural low-income families identifying elements that led to positive physical and mental health.

- Principal Investigator (Texas PI)
- Chair of NC1171 project (2012-14)
- Executive Board member (2010-12)

Research Consultant, *Friends of the Family*, Denton,
TX CHR Program Evaluation

Research Consultant, *East Texas Coalition for Mental Health Recovery*
Evaluation of ETCMHR Peer Support Services

Supervised Graduate (MSW) Student Research, *Stephen F. Austin State University*,
Nacogdoches, TX Selected examples:

Holden, H. (2013). Understanding hunger and food security among rural low-income women. Stephen F. Austin State University, Nacogdoches, TX.

Jackson, S. (2013). Exploring the relationship between food security and depression among rural low-income women. Stephen F. Austin State University, Nacogdoches, TX.

Mendez, P. (2013). Exploring the perception of PTSD among veterans and active military members. Stephen F. Austin State University, Nacogdoches, TX.

Aday-Springer, B. (2012). Rural military families: Are parenting interventions culturally sensitive? Stephen F. Austin State University, Nacogdoches, TX.

Grant Funding

Council on Social Work Education: Policy Practice in Field Education Initiative. *Not Funded*.

Stephen F. Austin State University Mini-Grant, *Awarded*

National Institutes of Health, *Not Funded*

Davenport Community Development Block grant, *Awarded*

Maternal and Child Health Bureau federal grant *Awarded*

PROFESSIONAL PRACTICE EXPERIENCE

Medical Social Worker, Department of Case Management, *Current*
Medical City Frisco, Frisco, TX

Medical Social Worker, Emergency Department, 2007-2011
Bergan Mercy Medical Center, Omaha, NE

Medical Social Worker, Cardiac and Research, 2006
Creighton Cardiac Center, Omaha, NE

Therapist, 2004-2006
Child Saving Institute, Omaha, NE

Continual Quality Improvement Coordinator, 2004-2006
Child Saving Institute, Omaha, NE

Safety and Accountability Audit Coordinator, 2003-2004
Quad City Family Violence Coalition, Davenport, IA

Resource Development and Coordinator, 2002- 2003
Child Abuse Council, Moline, IL

Family Therapist, 2001-2002
Catholic Charities, Galesburg, IL

SERVICE

National

Association of Baccalaureate Social Work Program Directors Annual Conference, 2015-2016

Rural Families Speak about Health/NC-1171 Co-Chair, 2012-2014

National Institute of Food and Agriculture

- Development and Dissemination of the NC-1171 Annual Report
- Coordination of multi-state data collection and dissemination efforts
- Facilitation of the reauthorization process

Rural Families Speak about Health/NC-1171, 2011-2012

National Institute of Food and Agriculture

University

Tarleton State University

University

SACSCOC Standards Meeting-University Assessment

Appointed Faculty/Program Representative, 2021

Associate Provost Search Committee

Faculty Representative Member, 2020-21

College of Graduate Studies

Graduate Council

Member/representative, current

College of Health Sciences

Ph.D. in Health Sciences Proposal Committee

Lead & Chair, current

Tenure and Promotion Review Committee

Reviewer, 2020-current

Communication Science and Disorders Search Committee

Chair, 2019-2021

Faculty Award Committee

Member, 2017-18

Curriculum Committee

Member, 2018- ongoing

Department of Social Work

Multiple Faculty Search Committees

Chair, 2017-2020

Member, 2016-2017

MSW Admissions Committee

Chair, 2017-current

University of North Texas

College of Public Affairs and Community Service

Undergraduate Education Committee

Member, 2015-2016

Department of Community and Profession Programs, Social Work

Admissions Committee

Member, 2014-2016

SWSA (Social Work Student

Association)

Advisor, 2014-2016

Stephen F. Austin State University

College of Liberal and Applied Arts

College Council

Member, 2012-2014

Graduate School of Social Work

Admission Committee

Chair, 2012-2014

Member, 2011-2012

Research Committee

Member, 2012-2014

Curriculum Committee

Chair, 2013-2014

Member, 2012-2014

AGSSW (*Association of Graduate School of Social Work Students*) Advisor, 2011-2014

Professional

Peer Reviewer, *Journal of Social Work*, 2024

Community

Long-Range Committee, Member, Little Elm ISD, Invited, 2018-2022

Political Action Committee, Member, Little Elm ISD, Invited, 2019-2020

Youth Ministry, RISE, Volunteer, St. Francis Parish, Frisco, 2014-2022

PROFESSIONAL LICENSURE

State of Texas, Licensed Master Social Worker (LMSW) #59959

PROFESSIONAL AFFILIATIONS

Member, Council on Social Work Education

Member, Phi Upsilon Omicron XI Chapter

DISTINCTIONS

Completion of Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) Training, 2021

Preparing Future Faculty (PFF) Fellow, 2010-2011

Phi Upsilon Omicron XI Chapter Member, 2008-2011

Margaret S. Fedde Fellow, 2007-2008

Theta Sigma Chapter of Phi Alpha National Social Work Honor Society, 2004

Omaha Home Economists in Home and Community Scholarship Recipient, 2008-2009