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TEXAS TECH UNIVERSITY
Staff Senate™

August Newsletter

Our first general meeting for the 2022-2023 Staff Senate year will be Wednesday, August 3rd in the Senate Room of the Student Union Building. As we start the year, we are looking forward to serving Texas Tech Staff, Texas Tech, and our community. Please visit our [website](#) to find all of the ways we, as Staff Senate, serve you.

Resources to keep in mind for the coming year are the [Staff Senate Scholarship](#), [Staff Emergency Fund](#), and our [Issues Committee](#).

Lastly, we are looking forward to kicking off the Centennial Year of Texas Tech University. Let's make it the best year yet!

Senate Programming



Bravo Board

Bravo to these staff members who made a difference in July:

- Andrea Cooper, Graduate School
- Kay Hill, Psychological Sciences

[Click here to give a Bravo!](#)



Staff Emergency Fund

Learn more about the support available to you



Submit an Issue for Research

Send a staff-related question to be resolved

Campus Announcements & Events



Get Your Sleep Back on Track for the New School Year

Are you tired of being tired all the time? Join us for this interactive session where we look at simple solutions and steps you can take to get your sleep schedule back on track.

August 4, 2022 from 1:15-2:15 pm via Zoom

Please register via Cornerstone at <https://ttu.csod.com/samldefault.aspx> under "Summer Learning Series" or email hr.talentdevelopment@ttu.edu.

**TEXAS TECH™
DAY OF GIVING** |  **8.16.22**

Donuts & Donors: A Day of Giving Event for Staff and Faculty

August 16, 2022, 8:00am - 11:00am, SUB Atrium

Join the Office of Advancement for coffee, a grab-and-go breakfast, and a selfie station for Texas Tech employees to kick off the university's first [Day of Giving](#). You can learn more about Day of Giving and the projects featured by the university's colleges and centers, and Advancement staff members will be present to answer questions or share how to give. Contact ttu.annualgiving@ttu.edu with any questions.

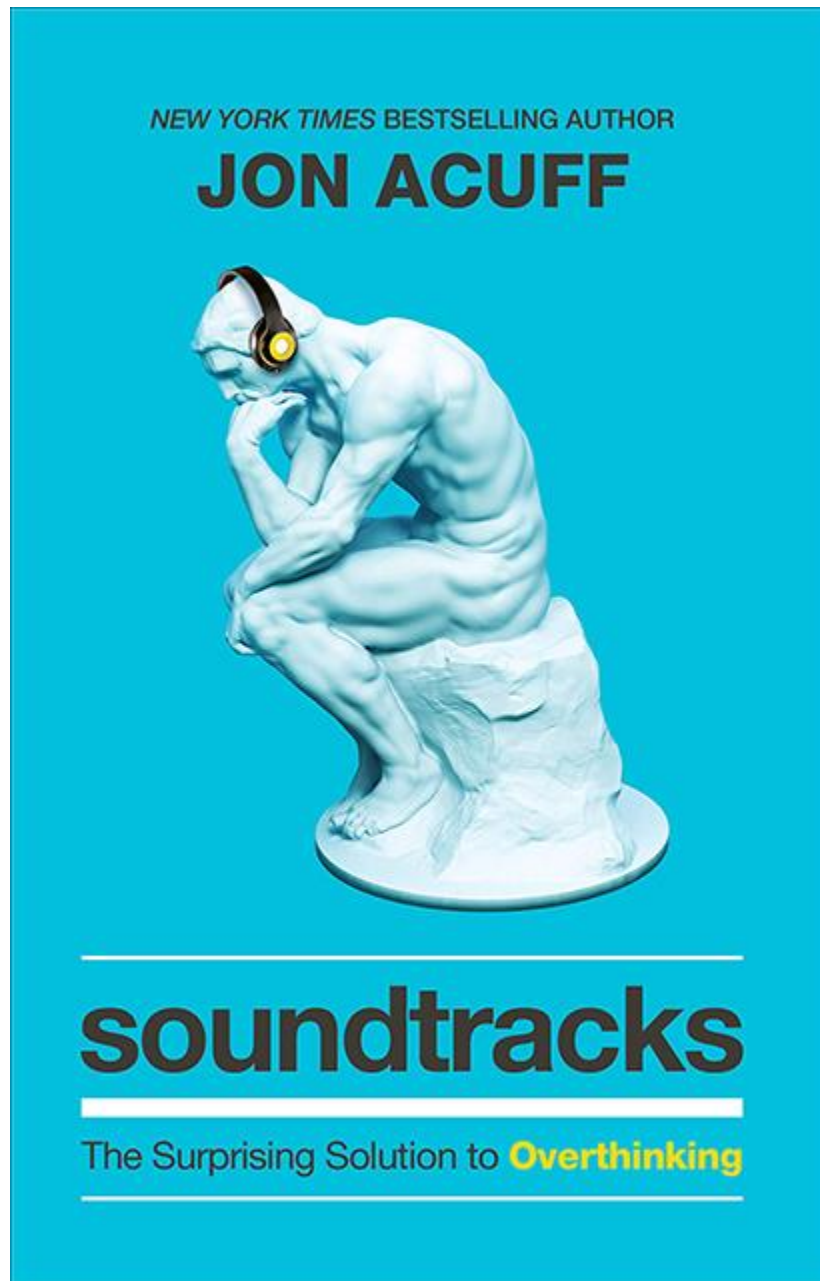


Revenge Bedtime

“Revenge bedtime procrastination” describes the decision to sacrifice sleep for leisure time that is driven by a daily schedule lacking in free time. Join us as we learn about what revenge bedtime is and how to combat it!

August 17, 2022 from 2-2:30 pm via Zoom

Please register via Cornerstone at <https://ttu.csod.com/samldefault.aspx> under “Happy Half Hours” or email hr.talentdevelopment@ttu.edu.



Book Club: Soundtracks by Jon Acuff

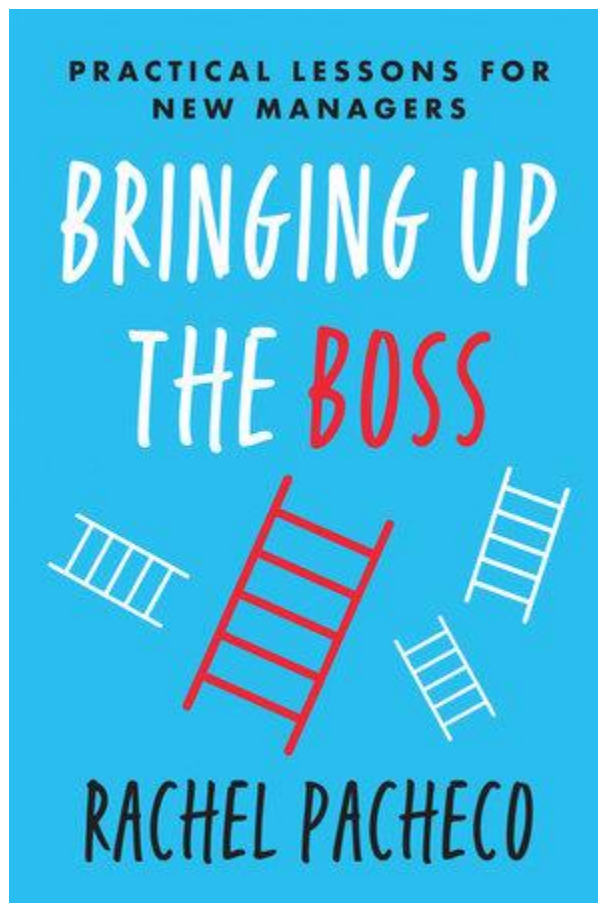
Please join us as we discuss New York Times bestselling author Job Acuff's latest book, Soundtracks: The Surprising Solution to Overthinking. Acuff "offers a proven plan to change overthinking from a super problem to a superpower." Our book club features welcoming, inclusive, and insightful discussion. Come meet new people and encounter new ideas.

Session 1: September 28, 2022 from 2-3 pm

Session 2: October 12, 2022 from 2-3 pm

Session 3: October 26, 2022 from 2-3 pm

Please register by emailing hr.talentdevelopment@ttu.edu.



Book Club: Bringing Up The Boss: Practical Lessons for New Managers

In *Bringing Up the Boss: Practical Lessons for New Managers*, you'll learn how to give effective feedback, motivate your team members, hire well, among many other critical management skills. You'll also learn what it means to manage yourself in this new role, and how to navigate the often awkward and sometimes challenging situations that arise in this new position.

Join us for this special 1-session book club where we will engage in inclusive and insightful discussion.

December 6, 2022 from 2-3 pm via Zoom

Please register by emailing hr.talentdevelopment@ttu.edu.



Available anywhere you listen to podcasts

Fearless: A Texas Tech Production

At Texas Tech, we talk a lot about research. But how does that work impact you? What about how it affects our state, our nation, even the world? In season two

of [Fearless](#), we talk about the transformative research going on at Texas Tech and share the stories of what motivates those doing the work. The first episode is coming in August, and you can listen anywhere you get your podcasts.



Mentor Tech

Join Mentor Tech today and become a Mentor to an undergraduate or graduate protégé (student). With a manageable weekly time commitment, you can transform the life of a Red Raider. Embrace the legacy of mentorship through the Mentor Tech program.

Begin your path to becoming a mentor by signing up [HERE](#) (www.depts.ttu.edu/mentortech). For more information contact us at 806.742.8692 or mentor@ttu.edu.

Staff Services & Trainings



IT ShortCourses to Strengthen Your Professional Skills

These non-credit courses are taught by IT professionals at no charge to TTU students, faculty and staff members. Courses, presented both virtually and in person at the ATLC, are offered morning, afternoon, and evening to accommodate most schedules. To review the schedule and register, visit www.itts.ttu.edu/training/shortcourses.



Leading Remote Teams

Leading Remote Teams is a course designed to assist leaders and managers in the guidance with remote and hybrid working employees. Register via Cornerstone at <https://ttu.csod.com/samldefault.aspx> under “Leading Remote Teams” or email hr.talentdevelopment@ttu.edu.



Employee Outreach & Engagement Hours

To have your time volunteering in the Lubbock community considered as time worked, visit <https://www.depts.ttu.edu/provost/outreach-engagement/Staff/index.php>. Supervisor pre-approval is required.



Staff Writing Group

The Texas Tech Staff Writing Group is an online space where we can come together for an hour of focused, distraction-free writing. Need to catch up on emails? Have a big proposal to finish? Drafting a presentation? Would you like someone to look over your work before you hand it in? We are here to help, support, and encourage you no matter what writing project is on your desk.

Join us via Zoom the First and Last Monday of every month.

Register via Cornerstone at <https://ttu.csod.com/samldefault.aspx> under “Staff Writing Group” or email hr.talentdevelopment@ttu.edu.



Library Makerspace

The Library Makerspace is an educational space where faculty, staff, and students can explore 3D printing, sewing, stickers and more! Have an idea for a personal or work project? Just want to play with some spiffy technology or learn a new skill? Stop by and bring your ideas or curiosity!

<https://www.depts.ttu.edu/library/make/>

Visit us Monday - Friday from 10:00 AM - 8:00 PM in Room 210 of the TTU Library. Email make@ttu.edu if you have questions.

Workshops

The Library Makerspace is offering more online/in-person workshops! Workshops are free for faculty, staff, students and neighbors. Our workshops are a great introduction to the coolest tools for makers of all levels. Join us this month to play with Embroidery, CAD, 3D printers, programming, paper-crafting and much more!

Register: <https://cal.library.ttu.edu/calendar>



The Book Project

Select a book from the linked image above then design your own reading program. HR's Talent Development will be your accountability and discussion partners! Email hr.talentdevelopment@ttu.edu to get started!



IT Division's Skillsoft Computer-Based Training

TTU supports a portfolio of more than 4,000 courses covering an extensive library of topics, such as basic-to-advanced technology skills, customer service, financial and general management skills, human resources, and project management. Visit cbt.ttu.edu to use this free resource.



HR Training Development Website

Now you can learn and grow on your schedule. Visit the [Training Development website](#) to see the wide array of professional development topics available.

Have an announcement to make? Share your big news.

Send an image, heading and sentence about your event or news to staffsenate@ttu.edu for inclusion in the all-staff newsletter.

About Staff Senate

Staff Senate is a group of elected representatives representing each of the staff EEO classifications on the Texas Tech University campus and Texas Tech

University System office. We care about *your* issues, *your* needs and *your* ideas. For a list of current senators, [click here](#).

Join us for our next meeting **Wednesday, August 3 at 4 p.m. in the Senate Room of the SUB**. All staff are welcome guests.

Staff Senate Officer Team

Sandra Addo, President

Jana Campbell, President-Elect

Ben Chamness, Secretary

Cristal Ponciano Sanchez, Treasurer



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Find a PDF version of this newsletter and archived editions here:

<https://www.depts.ttu.edu/staffsenate/newsletters.php>