



TEXAS TECH UNIVERSITY

Staff Senate™

#YouHaveAVoice



Hello TTU Staff Members,

Each year, the Staff Senate holds elections for new Senators. Staff Senate will begin to accept nominations from March 22 until April 9. If you desire to further

your involvement at Texas Tech, we encourage you to run for Staff Senate. Staff Senators serve three year terms by participating in at least one of a wide variety of committees (Bylaws & Constitution, Communications/Public Relations, Elections, Executive Board, Grievances, Issues, Nominations, Scholarships & Awards, Technology, Diversity, OP Review, and Staff Emergency Fund) and attending monthly general meetings (typically the first Wednesday of each month).

We offer leadership opportunities where you can become a committee chair, EEO representative (represent your EEO class and be a voting member at Executive Board), or an officer (Secretary, Treasurer, President-Elect, and President). Our staff at Texas Tech are a diverse population, and the composition of Staff Senate reflects this diversity. From custodians in Operations Division to directors of programs across campus and for every other staff member across campus, Staff Senate works diligently to implement change that serves staff from all areas of campus. If you have questions about the process, feel free to reach out any Staff Senator or the officer team. We hope you will embrace this opportunity to **be the voice** for yourself, your department and all TTU staff.

Read more below for educational and engaging events happening across campus. If you or your areas have programming open to staff, please send those to staffsenate@ttu.edu, and we can work to add those into our newsletter.

Wreck 'Em, Tech!

STAFF EMERGENCY FUND



TEXAS TECH UNIVERSITY
Staff Senate™

Staff Emergency Fund Committee is accepting applications to provide limited financial assistance to TTU staff members who are experiencing a temporary hardship due to a significant life event.

To be eligible for assistance, the staff member must meet all the following criteria:

- Full-time or part-time, benefits-eligible, non-faculty Texas Tech University staff member for at least 12 consecutive months prior to the application date
- Must have a current performance evaluation on file and have received an overall rating of "strong performer" or above
- Have not received a disciplinary action within the previous 12 months
- Have considered other possible resources
- Have not received an SEF award within the past 24 consecutive months
- Not currently serving as a member of the Staff Senate SEF Committee, Staff Senate President, or Staff Senate Treasurer

- Not a spouse or an immediate family member of an employee who is serving as a member of the Staff Senate SEF Committee, Staff Senate President, or Staff Senate Treasurer

[SEF Website](#) | [OP 70.47 Staff Emergency Fund](#) | [Application](#)

We look forward to helping TTU staff in times of need.



The graphic is a rectangular poster with a dark blue top half and a red bottom half. On the left, a circular inset shows a cartoon cowboy mascot with a large red mustache, wearing a blue hat with a band of white stars, and holding a silver gun. To the right of the mascot, the year '2021' is written in large white numbers. Below the year, the words 'STAFF SENATE NOMINATIONS' are written in bold white capital letters. Underneath that, the dates 'March 22nd - April 9th' are written in white. At the bottom of the red section, the website 'www.staffsenate.ttu.edu' is written in white. The bottom of the entire graphic is a grey section containing text about the nomination process.

2021

**STAFF SENATE
NOMINATIONS**

March 22nd - April 9th

www.staffsenate.ttu.edu

Staff Senate is accepting nominations for new staff senators. If you know a staff member that is passionate about influencing change on campus, submit a nomination today! Self-nominations are welcome. Visit the Staff Senate website to submit a nomination.

CAMPUS EVENTS



*Get To or Got To - Choosing to
Love Life (or Not!)*

**Thursday, March 4th 1:15-2:30PM
via Zoom**

Written for those of us who so easily find the dark clouds associated with any silver lining, this book delivers hope and restores perspective on the privilege of living life.

Register via [Cornerstone](#) under "Spring Learning Series" or email maclay.buie@ttu.edu.



*Building Resilience by Shifting
Perspective*

**Tuesday, March 9th 10:30AM -
12PM via Zoom**

This hands-on workshop provides actionable steps to shift your perspective, build a resilience plan and cultivate resilience. You will leave this workshop feeling prepared and excited to take on any experience life sends your way.

Register via [Cornerstone](#) under "Building Resilience by Shifting Perspective" or email maclay.buie@ttu.edu.



Dr. Tiffany Gonzalez

Latinas Changing Representation
Friday, March 5th 12PM

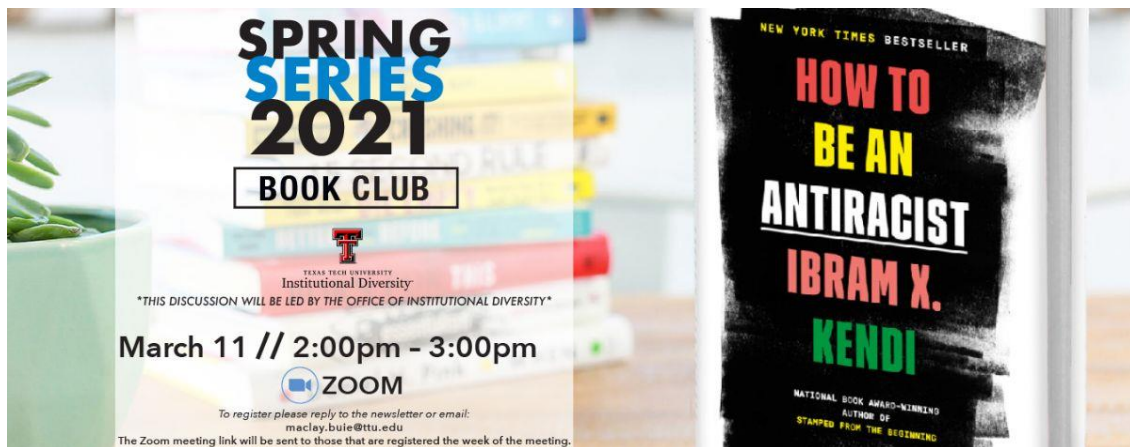
Dr. Holly Guise

Native Rights & Native Women's
Activism: Elizabeth Peratrovich and
the Alaska Native Sisterhood
Wednesday, March 10th 12PM

Dr. Jen Manion

Female Husbands and Their Queer
Wives
Thursday, March 25th 3PM

[Register>>](#)



Book Discussion on How to be an Anti-Racist by Ibram X. Kendi

Thursday, March 11th 2 - 3PM via Zoom

Please join us for a guided discussion of Ibram X. Kendi's *How To Be An Antiracist*, hosted by Texas Tech University's Office of Institutional Diversity and Raider Education, in partnership with HR Talent Development.

Register through [Cornerstone](#) or email maclay.buie@ttu.edu.



HERStory

SAVE THE DATE for Tuesday, March 23rd!

Join Staff Senate's Diversity & Inclusion Committee for the next R.E.D. Talks as we discuss Women's History Month.



The Library Makerspace is offering more online/in-person workshops!

Workshops are free for faculty, staff and students. [Register>>](#)

Find Workshop Reruns in the [TTU Mediasite Catalog](#): Search for "Makerspace." Send questions to make@ttu.edu.

Next Level CAD: TinkerCAD

(Beginner - Intermediate)

Thurs., March 4th, 5 - 7PM, online

CAD Crash Course: OBS

(Beginner)

**Thurs., March 11th, 1 - 3PM,
online/in-person**

A great introduction to computer design programs where you can explore designing your own setup.

Next Level CAD: Rhino3D

(Beginner - Intermediate)

Mon., March 8th, 5 - 7PM, online

Check out our new "Next Level CAD" series where we take a deeper dive into TinkerCAD and Rhino3D for your 3D printing projects!

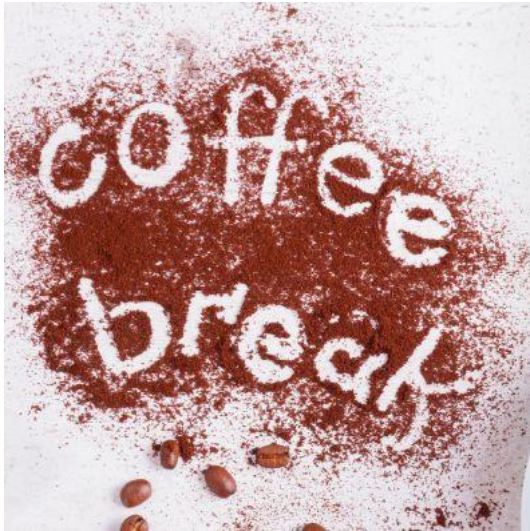
Intro to Code: Python

(Beginner)

Tues., March 16th, 5 - 7PM, online

This month's "Intro to Code" workshop features Python, a programming language friendly to all fields, ages, and skill-levels.





Coffee Breaks!

Come share your coffee break with us and learn something new while you're at it!

- *Grief: Grieving Normalcy by Natalie Harryman of TTUHSC Counseling Center*
 - **Tues., March 9th 2PM**
- *Dealing with Rejection*
 - **Wed., March 10th 2PM**
- *Failing Forward*
 - **Wed., March 31st 2PM**

Register via [Cornerstone](#) under "Coffee Breaks" or email maclay.buie@ttu.edu.



Guided Journaling

Wed., March 24th 2PM via Zoom

Interested in journaling? Join this half-hour session to learn how to give your journaling a jump start.

Register via [Cornerstone](#) under "Happy Half Hour" or email maclay.buie@ttu.edu.



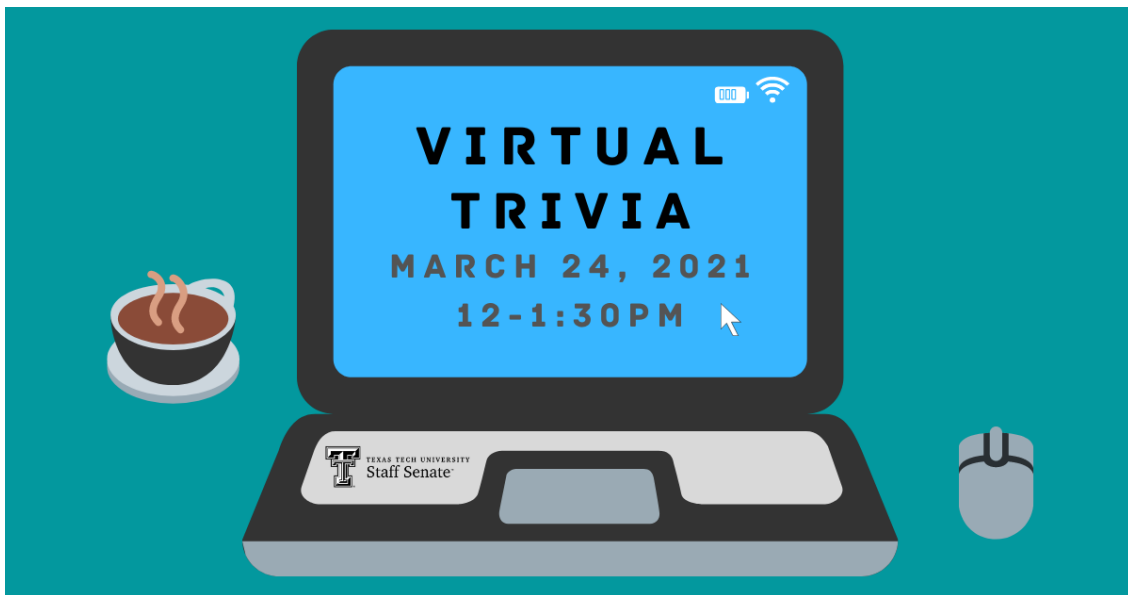
World Got You Feeling Burnt Out?

Thurs., March 25th 2PM via Zoom

This session, led by Dr. Amanda Wheeler of the Student Counseling Center, will focus on strategies you can use to help you feel a little more

relaxed and a little less stressed and
how to create your own personalized
self-care/stress-relief plan!

Register via [Cornerstone](#) under "World Got You
Feeling Burnt Out" or email maclay.buie@ttu.edu.



Join Staff Senate for virtual trivia hosted by Geeks Who Drink! Grab your lunch, another cup of coffee, and enjoy some friendly competition.

Gather your team of Texas Tech colleagues and sign up to play. Teams can be up to 8 people. No team? No worries! We will add you to a team if you need it.

Registration is \$7 per person. This event will benefit the Staff Emergency Fund. Learn more about [Staff Emergency Fund](#).

Space is limited to the first 100 registrants. Be sure everyone on your team signs up. Registration closes 12PM on Monday, March 22nd. [Sign up!](#)



New Program: Stepping Stones

A new way to achieve your goals, one small step at a time.

Make it so easy, you can't fail. Start small and build momentum toward your overall goal. For questions or to register, contact hr.talentdevelopment@ttu.edu.

How it Works

- 1.** You select ONE habit you want to work on this month to help you reach your goal.
- 2.** You track your habit throughout the month.
- 3.** We help you stay encouraged and accountable.
- 4.** You can join any month and

Perks of Joining

- 1.** Sample Habit Trackers and links to Habit Tracker Apps.
- 2.** Motivation Monday articles each week to your inbox.
- 3.** Quote cards you can print for encouragement.
- 4.** One-on-one accountability (if you choose), access to resources, and a community of fellow travelers

participate as many months as you want!

achieving their goals, one habit at a time!



Please help us recognize exemplary TTU students, staff or faculty members by nominating them for Raiders Who Rock today!

Above and Beyond Award

This award recognizes individuals who go above and beyond the normal duties of their organization or department to make remarkable contributions.

Community Service & Leadership Award

This award recognizes individuals who have made outstanding contributions to the campus community, including (but not limited to) contributions to academics, student life, community service, and leadership.

Cooperation & Communication Award

This award recognizes groups of individuals that have gone above and beyond

to have a positive impact on the Texas Tech and/or Lubbock communities.

Pursuit of Excellence Award

This award recognizes individuals who model excellence in all aspects of their lives.

Unsung Hero Award

This award recognizes individuals who work behind the scenes, have assisted others, or have overcome obstacles to impact an organization or department.

[Submit a Nomination>>](#)



Fatigue is a significant problem in public health emergency situations because of job demands, long hours, disruption of the norm, and prolonged exhaustion - losing sleep, decreasing exercise, and increasing poor dietary practices.

Fatigue is also a work place hazard and directly affects the quality of both science and safety. This program will discuss Pandemic Fatigue, symptoms, and solutions which can be implemented to manage the effects of fatigue.

[Access the recording>>](#)

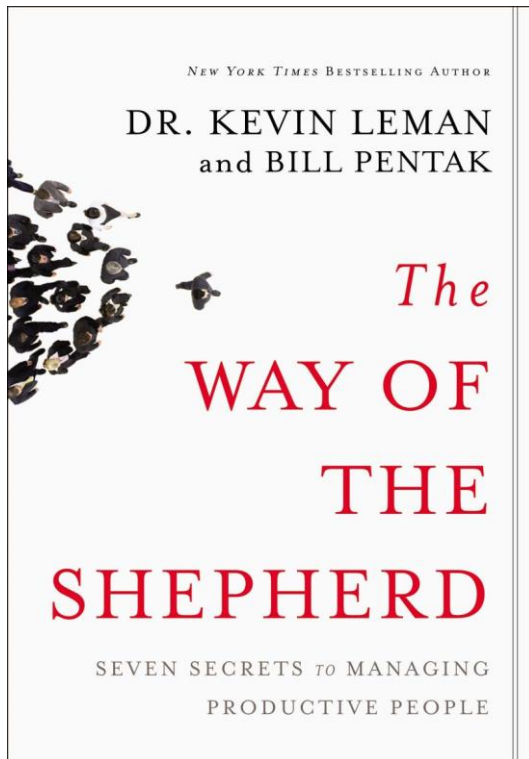
Get Involved TTU!

Center for Campus Life is launching our new social media accounts to help students get involved on campus! Follow @getinvolvedTTU on [Instagram](#) and [Twitter](#). Students will learn about events they can attend hosted by colleges, departments, and student organizations. Tag us so that we can share your posts to help get students involved. If you have any questions, please contact [Ileana Hinojosa](#).



Subscribe to the **new** Staff Senate YouTube channel for access to past R.E.D. Talks, updates on what the Senate is doing and more!

[Access our channel>>](#)

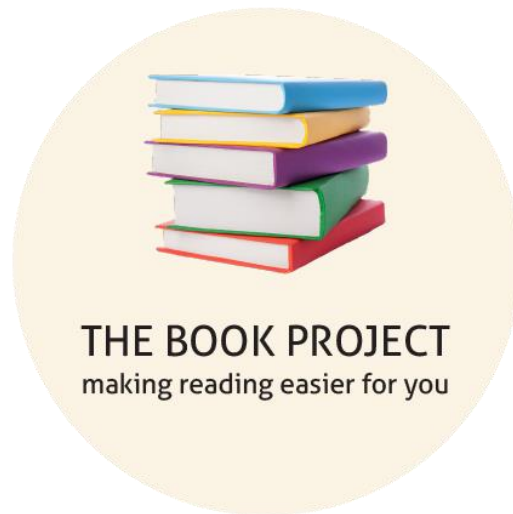


Featured Book of the Month

The Way of the Shepherd by Dr.
Kevin Leman and Bill Pentak

See our full list of [book
recommendations](#).

Want to learn more or start *your*
project? [Email the HR Talent
Development team!](#)



THE BOOK PROJECT

We introduce you to a variety of
books, themes, and authors. You
choose what to read and we will be
your accountability and discussion
partners!

You design the program the way that
works best for YOU! Want to start
small and read one book in six
months? PERFECT! You decide to
read a chapter a week, but fall
behind. No problem! We'll be here to
encourage you and cheer you on so
you can read and learn in your own
way.



ABOUT THE SENATE

Who We Are:

- Elected representatives from different EEO classifications on campus
- For a list of current Senators, [click here](#)

What We Do:

- We're the voice of staff on campus! We care about:
 - *your* issues,
 - *your* needs,
 - *your* ideas!
- General Senate Meeting on the first Wednesday of every month.
 - Next meeting is **Wed., March 3rd at 4PM** via Zoom, Meeting ID: 944 0000 3297, Passcode 895313.
 - All staff are welcome guests.

Current Senate Initiatives:

- Accepting applications for the Staff Emergency Fund
- Continued support of the HR Learning Series
- Continued support of staff education through the Staff Senate Scholarship
- Continued support of and implementation of gender neutral language
- Commitment to and continued offerings of educational and engaging programming related to diversity, equity, and inclusion
- Working with administration to address staff concerns. [Submit an issue>>](#)

Strive For Honor,

Staff Senate Officer Team

Dee Nguyen, President

Stacy Stockard Caliva, President-Elect

Ryan Bain, Treasurer

Heather Coats, Secretary



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Find a PDF version of this newsletter here: <https://www.depts.ttu.edu/staffsenate/newsletters.php>.

Our mailing address is:

staffsenate@ttu.edu