



# COVID-19 Student Protocol and Resources

Exhibiting symptoms consistent with COVID-19

Exposed to someone with COVID-19

Begin isolation and contact **TTU Student Health Services (SHS)** at **806.743.2848** between 8:00 a.m. and 5 p.m. on Monday through Friday or the **Texas Tech Physicians' Nurse on Demand** at **806.743.2911** after hours and on weekends.

Were you within 6 feet of the infected person without a face covering for more than 15 minutes in the last 48 hours?

Self-report a **positive test, close exposure, COVID-19 consistent symptoms, or if you awaiting test results** as soon as possible using the Texas Tech [COVID-19 Reporting Form](#).

YES

NO

Are you experiencing symptoms consistent with COVID-19?

YES

NO

[ttucovid19.ttu.edu](http://ttucovid19.ttu.edu)

Begin quarantine and contact **TTU Student Health Services (SHS)** at **806.743.2848** between 8:00 a.m. and 5 p.m. on Monday through Friday or the **Texas Tech Physicians' Nurse on Demand** at **806.743.2911** after hours and on weekends.

**Isolation:** Stay home and do not go in public areas. Do not attend class or meetings until you are cleared by a physician. If you live with others, stay in a specific area away from other people or animals. Use a separate bathroom, if available. If you have tested positive, contact those who you have been in close contact with and inform them of possible exposure.

**Quarantine:** Stay home until 14 days after your last exposure. Do not attend class or meetings until you are cleared by a physician. Check your temperature twice a day and watch for symptoms of COVID-19. If possible, stay away from people who are at high-risk for getting very sick from COVID-19.

**Symptoms:** Cough, shortness of breath, difficulty breathing, fever (100° F or higher), chills, diarrhea, muscle pain, sore throat, new loss of taste or smell, fatigue, headache, congestion or runny nose, nausea or vomiting.

If your **illness, isolation, or quarantine** renders you unable to attend class and you have ***missed more than one week of class***, contact the **Office of the Dean of Students** at **806-742-2984** to speak with a staff member who will work with you to determine options available to you. For absences less than one week, work directly with your instructor.

