COVID-19 Student Protocol and Resources

Exhibiting symptoms consistent with COVID-19

Begin isolation and contact TTU Student Health Services (SHS) at 806.743.2848 between 8:00 a.m. and 5 p.m. on Monday through Friday or the Texas Tech Physicians' Nurse on Demand at 806.743.2911 after hours and on weekends.

Self-report a positive test as soon as possible using the Texas Tech COVID-19 Reporting Form, ttucovid19.ttu.edu

Exposed to someone with COVID-19

Were you within 6 feet of the infected person without a face covering for more than 15 minutes in the last 48 hours?

YES

Are you experiencing symptoms consistent with COVID-19?

YES

Begin quarantine and contact TTU Student Health Services (SHS) at 806.743.2848 between 8:00 a.m. and 5 p.m. on Monday through Friday or the Texas Tech Physicians' Nurse on Demand at 806.743.2911 after hours and on weekends.

NO

NO

If your illness, isolation, or quarantine renders you unable to attend class and you have missed more than one week of class, contact the Office of the Dean of Students at 806-742-2984 to speak with a staff member who will work with you to determine options available to you. For absences less than one week, work directly with your instructor.

Isolation: Stay home and do not go in public areas. Do not attend class or meetings until you are cleared by a physician. If you live with others, stay in a specific area away from other people or animals. Use a separate bathroom, if available. If you have tested positive, contact those who you have been in close contact with and inform them of possible exposure.

Quarantine: Stay home until 14 days after your last exposure. Do not attend class or meetings until you are cleared by a physician. Check your temperature twice a day and watch for symptoms of COVID-19. If possible, stay away from people who are at high-risk for getting very sick from COVID-19.

Symptoms: Cough, shortness of breath, difficulty breathing, fever (100°F or higher), chills, diarrhea, muscle pain, sore throat, new loss of taste or smell, fatigue, headache, congestion or runny nose, nausea or vomiting.