



## **Lubbock Community**

## **Clinic and Hospital Guide**

If you are unable to see a provider at Student Health Services, please consider the following community resources.

Any charges incurred at the clinics below are not covered under your medical service fee and are your responsibility.

For those who have insurance coverage, it is always best to check your insurance carrier's website to see which local providers are in your insurance network. Check the back of your insurance card for your insurance carrier's website information.

Physicians below who are in network with Aetna's TTU Academic Health Plan (AHP) are marked below.

**Tip:** For future appointments, request your appointment with as much advance notice as possible. Also consider requesting your appointment through the *MyTeamCare* portal or *HealtheLife* app. These appointment requests are usually scheduled before the phones turn on in the morning, giving you first come first serve advantage. If you do not have the portal, please ask a Student Health Patient Service Specialist to get you signed up.

### **Telemedicine Services**

Many insurance carriers (including Academic Health Plan's Aetna plan) offer Telemedicine services. Telemedicine visits are appropriate for the following symptoms:

- **Cold and Flu**
- **Sinusitis**
- **Conjunctivitis**
- **Bronchitis**
- **Skin Infection and Rash**
- **Allergies**
- **Pink Eye**
- **Upper Respiratory Infection**
- **Sprains and Strains**

**AHP subscribers can visit [member.teladoc.com/aetna](http://member.teladoc.com/aetna) to access a Provider through Telemedicine. Copays will apply.**

**If you do not have AHP, check your insurance carrier's website to see if they offer Telemedicine services.**

## **UMC Urgent Care Clinics:**

For more clinic locations and information, visit:

[www.waitfromhome.com](http://www.waitfromhome.com)

### **Urgent Care Center at UMC**

**Copeland, Tyler S. FNP- (AHP)**

808 Joliet Avenue, Suite 110

Lubbock, TX 79415

**806.761.0545**

**M-F 7am-4pm**

### **UMC Express Care Clinic at South Plains Mall**

**Phillips, Michelle MSN (AHP)**

6002 Slide Road D24 Lubbock, TX 79424

**806.761.0450**

**M-Sat 9-8pm Sun 12-6**

### **UMC Express Care Clinic-United**

**Caporale, Ronald PA-C (AHP)**

1701 50<sup>th</sup> Street Lubbock, TX 79412

**806.761.0429**

**M-F 7am-11:30am 12:30-4pm**

### **UMC Express Care Clinic**

**Glenn, Camilla Lindsey, NP (AHP)**

2703 82<sup>nd</sup> Street Lubbock, TX 79423

**806.761.0428**

### **UMC Freedom Clinic Center**

**Martinez, Robert NP, Vuelas, Juan MD. (AHP)**

5022 Avenue Q Lubbock, TX 79412

**806.762.3597**

**M-F 8am-5pm**

## **Other Clinic Options:**

### **Grace Clinic**

4515 Marsha Sharp Fwy (Marsha Sharp Fwy. & Quaker)

**806.744.7223**

<https://gracehealthsystem.com>

### **Covenant Health Plus**

7601 Quaker Ave (76<sup>th</sup> & Quaker)

**806.725.9444**

<https://covenantmedicalgroupcheckinnow.org>

### **Concentra Urgent Care (AHP)**

6048 Marsha Sharp Fwy

Lubbock, TX 79407

**806.745.2200**

**Mon-Fri 8am-5pm**

## **For Emergencies:**

### **University Medical Center (UMC)**

602 Indiana Ave. (across the Marsha Sharp Fwy. from campus)

**806.775.8200**

### **Covenant Medical Center**

3615 19<sup>th</sup> Street (19<sup>th</sup> & Indiana)

**806.725.1011**

### **Grace Medical Center - ER**

2412 50<sup>th</sup> Street (50<sup>th</sup> & University)

**806.788.4100**

### **West Texas ER**

7905 Milwaukee Avenue

**806.368.5837**

### **Emergency Assistance**

**911**

### **Poison Control**

**1-800-764-7661**