Lubbock Community Clinic and Hospital Guide

If you are unable to see a provider at Student Health Services, please consider the following community resources may be an option for you.

Any charges incurred at the clinics below are not covered under your medical service fee and are your responsibility.

For those who have insurance coverage, it is always best to check your insurance carrier’s website to see which local providers are in your insurance network. Check the back of your insurance card for your insurance carrier’s website information.

Physicians below who are in network with Aetna’s TTU Academic Health Plan (AHP) are marked below.

**Tip:** For future appointments, request your appointment with as much advance notice as possible. Also consider requesting your appointment through the *My TeamCare* portal or *HealtheLife* app. These appointment requests are usually scheduled before the phones turn on in the morning, giving you first come first serve advantage. If you do not have the portal, please ask a Student Health Patient Service specialist to get you signed up.

### Telemedicine Services

Many insurance carriers (including Academic Health Plan’s Aetna plan) offer Telemedicine services.

Telemedicine visits are appropriate for the following symptoms:

- Cold and flu
- Sinusitis
- Conjunctivitis
- Bronchitis
- Skin Infection and Rash
- Allergies
- Pink Eye
- Upper Respiratory Infection
- Sprains and Strains

**AHP subscribers can visit** [member.teladoc.com/aetna](http://member.teladoc.com/aetna) **to access a provider through Telemedicine. Copays will apply.**

If you do not have AHP, check your insurance carrier’s website to see if they offer telemedicine services.
UMC Urgent Care Clinics

For more clinic locations and information, visit: WWW.waitfromhome.com

Urgent Care Center at UMC
Copeland, Tyler S. FNP- (AHP)
808 Joliet Avenue, Suite 110
Lubbock, TX 79415
806.761.0545
M-F 7am- 4pm

UMC Express Care Clinic at South Plains Mall
Phillips, Michelle MSN (AHP)
6002 Slide Road D24 Lubbock, TX 79424
806.761.0450
M-Sat 9-8pm Sun 12-6pm

UMC Express Care Clinic- United
Caporale, Ronald PA-C (AHP)
1701 50th Street Lubbock, TX 79423
806.761.0429
M-F 7am- 11:30am 12:30-4pm

UMC Express Care Clinic
Glenn, Camilla Lindsey, NP (AHP)
2703 82nd street Lubbock, TX 79423
806.761.0428

UMC Freedom Clinic Center
Martinez, Robert NP, Vuelvas, Juan MD. (AHP)
5022 Avenue Q Lubbock, TX 79412
806.762.3597
M-F 8am-5pm

Emergency Assistance Please Call 911

Other Clinic Options:

Grace Clinic
4515 Marsha Sharp Fwy (Marsha Sharp Fwy & Quaker)
806.744.7223
https://gracehealthsystem.com

Covenant Health Plus
7601 Quaker Ave (76th & Quaker)
806.72539444
https://covenantmedicalgroupcheckinnow.org

Concentra Urgent Care (AHP)
6048 Marsha Sharp Fwy
Lubbock, TX 79407
806.745.2200

For Emergencies:

University Medical Center (UMC)
602 Indiana Ave. (across the Marsha Sharp Fwy from campus)
806.775.8200

Covenant Medical Center
3615 19th street (19th & Indians)
806.725.1011

Grace Medical Center – ER
2412 50th street (50th & University)
806.368.5837

West Texas ER
7905 Milwaukee Avenue
806.368.58

Poison Control Please Call 1.800.764.7661