

Helicopter Parenting, Affection, and College Students' Game and Social Media Addictive Behaviors

Introduction

Helicopter parenting is a pervasive and problematic parenting style experienced by emerging adults. This parenting style has been connected to young adult internet addiction disorders. With this foundation, the study aimed to identify latent classes of helicopter parenting and affection among four parent-child gender combinations. In addition, we examined whether helicopter parenting and affection latent classes are associated with college students' game and social media addictive behaviors. We identified distinct helicopter parenting and affection latent classes across mother-son, mother-daughter, father-son, and father-daughter groups. In addition, we found a significant association between helicopter parenting and affection latent classes and college students' game and social media addictive behaviors across parent-child gender combinations.

Faculty Voice

"Maya, my undergraduate research assistant, got hands-on experience with the whole social science research project process...Very proudly, her first author research proposal has been accepted as a poster presentation in the upcoming 2023 National Council on Family Relations."

-- Dr. Woosang Hwang



Team

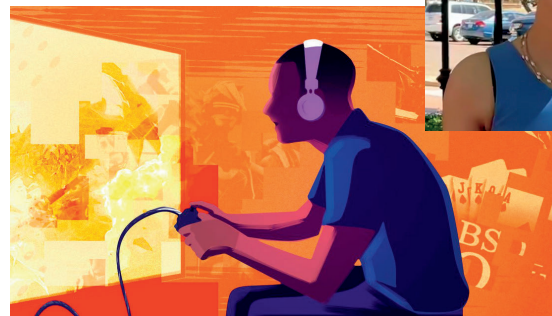
Faculty: Dr. Woosang Hwang

Student(s): Maya Shaffer

Student Voice

"Being a part of TrUE Transformers at Texas Tech has opened up academic avenues for me that I didn't know existed for undergraduates. It has completely transformed my college experience and given me new perspectives on my major and the things I've been learning about in my classes. I have loved being able to take part in an immersive research experience and be guided by professionals in the field to better understand the research process and academic community."

-- Maya Shaffer



Achievements

Undergraduate's co-author paper is under review in a peer-reviewed academic journal.

Undergraduate has completed training to be an independent researcher.

Transformative Experiences

Impacts/Results/Products/To Date Progress

- Prepare a proposal for the 2023 National Council on Family Relations Annual Conference.
- The undergraduate student will have an opportunity to present their research project to researchers, practitioners, and policymakers as a first author.
- The Undergraduate will learn the latest family science research trends.
- The research lab will start writing a manuscript for journal publication.
- The undergraduate will be involved as a co-author (second author).
- The manuscript will be submitted to the outstanding peer-reviewed journal in the field of family science by November 2023.

TrUE

Transformers

Top 3 Transformative Priorities

Potential for
Continuation Post-Grant

Leveraged Existing
Support

Drew in Faculty New to
Undergraduate Projects