This interdisciplinary research investigates the problem of human trafficking and how psychology and human resources might contribute to successful after-effects for survivors of trafficking. The research question is, how do you train employees to spot possible victims of human trafficking, and help them successfully heal? By examining research from two disciplinary perspectives the goal is to establish if training employees can contribute to helping human trafficking victims be rescued, and then find successful therapies for recovery. The Interdisciplinary Research Process was used as designed by Repko & Szostak (2017). The studies from human resources used qualitative methods to examine trainings used to combat identify human trafficking victims. Training was found to be successful in identifying victims. Psychology research found the use of different therapies such as narrative, cognitive, multisystemic, could help human trafficking survivors. Most research supports that successful reintegration can be achieved with therapy. These finding can contribute to addressing the growing problem of human trafficking.
References


