

Name: _____ R Number _____

TSI Course: _____ Instructor _____ Term _____ Date _____

SOAR Academic Coaching Worksheet

Schedule a time to meet for academic coaching at the Learning Center. Discuss the questions below with an academic coach and complete the worksheet. Once completed, have an academic coach sign at the bottom.

1. How many hours a week should I study?

Course hours _____ X 3 = _____

2. What do I need to do to be successful in class?

3. What can I do to effectively manage my time?

4. What are things I need to motivate me?

5. What classes can I get tutoring in/What classes have SI sessions?

6. What is one goal I can work on right now and what do I need to do to achieve that goal?

Academic Coach Signature: _____ **Date:** _____