Regional Cross Country Meet  
Region 1  
Monday November 9, 2020

Location: Mae Simmons Park, MLK Blvd & 24th Street, Lubbock.

Official Time: All times are central standard time. Official time can be determined at www.time.gov/.

Order of Race:

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<td>8:00 am</td>
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<td>3A</td>
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<td>5A</td>
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Girls

Boys

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Race Lengths:
- 1A, 2A, 3A, and 4A Girls will run approximately 2 miles (3200 meters).
- 5A & 6A Girls and all Boys and will run approximately 3 miles (5000 meters).

Regional Entries: COACHES MUST REGISTER THEIR RUNNERS on line at www.directathletics.com. The Deadline for regional entries with Direct Athletics is... Tuesday, November 3rd by 5:00 pm.

Due to the volume of information, it will not be possible to confirm receipt of entries.

District Results / Regional Qualifiers and Coaches Reports (see below) must be emailed and faxed immediately after their district meet by each district meet director to...

Kellyn Schneider at kellyn.schneider@ttu.edu  
Fax: (806) 742-1660

Meet Director Mike Meeks: The regional meet director has full authority for management of the meet

All questions regarding management and technical conduct of the meet can be directed to…

Meet Director Mike Meeks at: mike.meeks@lubbockisd.org  
Cell: 806-239-4791

Qualifiers: Substitutions may be made on a team which has qualified for the regional meet.

NO Substitutions for runners who qualified as an individual, but whose team did not qualify.

Sunday: all spelling corrections and substitutions shall be made at packet pick up.

Monday: all substitutions shall be made down at the computer vehicle at the finish line.

Runner Fees: $20 fee per runner... Please mail all checks payable and mail to…

Texas Tech UIL  
Box 45035  
Lubbock, TX 79409

ALL FEES MUST BE RECEIVED and paid in full prior to a school receiving their race packets and being able to compete. CREDIT CARDS WILL BE ACCEPTED.

All schools and districts paying for multiple high schools should indicate the schools and amount for each school on the check stub or an attached sheet.

To help assure fees are received, it is suggested that after Monday, November 2nd schools should hand carry fees to the packet pick up and not rely on the mail to get it to TTU UIL on time.
UIL Race Course

Restriction: The entire race course is CLOSED on Sunday morning until noon. No high school athlete may enter, walk, or run the course until after 12:00pm on Sunday.

Race Day Results: Race results will be available ONLINE ONLY on race day at...

https://www.mychiptime.com/searchevent.php?id=13116

Race Packet Pick Up:

Race packets will be available at the school’s west entrance at 24th & Oak Avenue.

- **Sunday:** 1A fees may be paid and race packets picked up at the school, 4:00 - 5:30 pm.
- **Monday & Tuesday:** schools may pick up their packets beginning two hours prior to their scheduled race.

**Sunday Packet Pick up times…**
- 1A – 4pm – 6pm

**Monday Packet Pick up times…**
- 3A – 9 am
- 5A – 12 pm
- 2A – 4pm

**Tuesday Packet Pick up times…**
- 4A – 9 am
- 6A – 12 pm

Block Assignment: Schools are randomly assigned a block number from which they shall stage and start the race. Block numbers are reflected on the tag appearing on the front of a school’s packet.

Block # 1 is nearest the hill…block # 32 is nearest the water.

Timing Chips Race Numbers: Timing chip are incorporated into the race-bib / race number. Race numbers are in race packet. Race number must be visibly displayed and each corner pinned to the front of the jersey. Alternates are not assigned race numbers and they may not participate in any race.

Uniforms: Any visible garments worn underneath the uniform top and/or bottom is considered a foundation garment. Foundation garments are not subject to logo/trademark/reference or color restrictions.

Additional restrictions for relay teams and cross country teams: All relay and cross country team members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as uniform, that members are from the same team. The official should be able to observe that all members are from the same team.

Warm Up: **Monday & Tuesday:** beginning at 7:45 am, the course is CLOSED. Afterward runners must remain off the course. Schools may not mark the course in any fashion; violators will be subject to disqualification.

Report Time: All runners should report to the area behind the starting line a minimum of 15 minutes prior to their event and must be ready to run at the scheduled time.

Chute Procedures: Each runner should run through the finish line and down the entire length of the chute. Timing chips & runner bibs are disposable and will not be collected in the corral.

Awards Ceremony: The awards ceremony will take place at the bottom of the hill approximately 30 minutes after each race is certified.

Trainers: Certified trainers will be available near the starting line, the finish line and north of the bridge.

Spectators: Spectators must stay on the perimeter of the race course as marked and away from the starting line and finish line.
Regional T-Shirts: Commemorative t-shirts, sweatshirts, hats, and 2020 pins will be available for purchase in the gymnasium **Sunday afternoon after 4:00 and all day Monday & Tuesday.** Schools are encouraged to pre-order to save time and help prevent long lines.

Monday - School Classes: Please be aware there are classes being held in the host school on Monday & Tuesday. Be considerate of others in and around the school building and when parking.

Restroom Facilities: There are no public restrooms available in the school or gymnasium. Portable toilets are located near the starting line and near the gymnasium at the top of the hill. Indoor restrooms are located at the bottom of the hill east of the pavilion.

Regional Information: District results / regional qualifiers and Coaches Reports (see below) should be emailed or faxed to…

**Kellyn Schneider at:** [kellyn.schneider@ttu.edu](mailto:kellyn.schneider@ttu.edu)  
**Fax:** 806.742-1660

Due to the volume of entries, it will not be possible to confirm receipt of entries

Appreciations: We would like to offer special thanks to Lubbock ISD, Lubbock Sports and Texas Tech University for their support of the regional meet.

Results should be available on race day at…

Region I Cross Country Championships


Coaches should complete this form and then email and fax it by 5:00 pm, Tuesday, November 3rd to…

Kellyn Schneider:
(kellyn.schneider@ttu.edu)
or Fax: 806-742-1660
Texas Tech UIL
Box 45035
Lubbock, TX 79409

Confirmation of receipt of each schools’ entry will not be possible.

<table>
<thead>
<tr>
<th>Girls</th>
<th>Boys</th>
<th>Conference</th>
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<td>District</td>
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School __________________________ Coach __________________________
Office Phone (________) Home Phone (________) Cell Phone (________)
Fax # (________) E-Mail __________________________

Please Type or Print Names Alphabetically

1. ____________________________ Grade
2. ____________________________
3. ____________________________
4. ____________________________
5. ____________________________
6. ____________________________
7. ____________________________
Please email or fax this form (not fees) by 5 pm, Tuesday, November 3rd