



TEXAS TECH UNIVERSITY
Division of Diversity, Equity, & Inclusion

University Interscholastic League

Regional Cross Country Meets Region 1

Monday October 25th, 2021

Location Mae Simmons Park, MLK Blvd & 24th Street, Lubbock.

Official Time All times are central standard time. Official time can be determined at www.time.gov/.

<i>Girls</i>	4A	9:00 am	<i>Boys</i>	4A	9:30 am
	5A	10:00 am		5A	10:30 am
	6A	11:00 am		6A	11:30 am
	1A	Noon		1A	12:30 pm
	2A	1:00 pm		2A	1:30 pm
	3A	2:00 pm		3A	2:30 pm

Race Lengths 1A, 2A, 3A, and 4A Girls will run approximately 2 miles (3200 meters).
5A & 6A Girls and all Boys and will run approximately 3 miles (5000 meters).

Regional Entries: Certification **COACHES MUST REGISTER their RUNNERS online at www.directathletics.com.**
The Deadline for regional entries with Direct Athletics is Tuesday, October 19th by 5:00 pm.
Due to the volume of information, it will not be possible to confirm receipt of entries!

District Results / Regional Qualifiers must be emailed and faxed immediately after their district meet by each district meet director to

Dominique Gonzales
Dominiquerox.Gonzales@ttu.edu
Fax (806) 742-1660

Meet Director Mike Meeks **The regional meet director has full authority for management of the meet!**
All questions regarding management and technical conduct of the meet can be directed to
Meet Director, Mike Meeks
mike.meeks@lubbockisd.org
cell: 806.239.4791

Qualifiers The top three teams and the top ten individuals will qualify from district. Additional individuals **may not** be moved into the top 10 qualifiers if any of the first 10 qualifiers are also on a team.
Substitutions **may be** made on a TEAM which has qualified for the regional meet.
NO Substitutions for runners who qualified as an individual, but whose team did not qualify.
Sunday: all spelling corrections and substitutions can be made at packet pick up.
Monday: all substitutions can be made at the finish line.

Runner Fees **\$25 fee per runner**
Mail Checks to:
Texas Tech UIL
Box 45035
Lubbock, TX 79409

ALL FEES MUST BE RECEIVED and paid in full prior to a school receiving their race packets and being able to compete. **CREDIT CARDS WILL BE ACCEPTED.**

All schools and districts paying for multiple high schools should indicate the schools and amount for each school on the check stub or an attached sheet.

To help assure fees are received, it is suggested that after **Monday, October 18th** schools should hand carry fees to the packet pick up and not rely on the mail for timely receipt.

**UIL Race Course
Restriction**

The entire race course is **CLOSED on Sunday morning until noon.**
No high school athlete may enter, walk, or run the course until after 12 noon on Sunday!

Race Day Results

Race results will be posted on race day

<http://www.mychiptime.com/searchevent.php?id=10908>

**Race Packet
Pick Up**

Race packets will be available at the school's west entrance at 24th & Oak Avenue.

Sunday: fees may be paid and race packets picked up at the school, 4:30 - 6:00 pm.

Monday: schools may pick up their packets beginning one hour prior to their scheduled race.

Monday Packet Pick up times

4A – 8 am

5A – 9 am

6A – 10 am

1A – 11 am

2A – Noon

3A – 1 pm

**Block
Assignment**

Schools are **randomly** assigned a block number from which they shall stage and start the race.

Block numbers are reflected on the tag appearing on the front of a school's packet.

Block # 1 is nearest the hill. Block # 32 is nearest the water.

**Timing Chips
Race Numbers**

Timing chips are incorporated into the race-bib / race number. Race numbers are in race packet.

Race number must be visibly displayed and each corner pinned to the front of the jersey.

Alternates are not assigned race numbers and they may not participate in any race.

ALL RUNNERS MUST COMPLETE THE RACE WITH A BIB NUMBER

Uniforms

Each competitor must wear a school issued track top and bottom or one-piece uniform and be of the same color and design per the NFHs specifications. Bare midriffs are not allowed for participants.

Any visible garments worn underneath the uniform top and/or bottom is considered a foundation garment. Foundation garments are not subject to logo/trademark/reference or color restrictions.

Additional restrictions for relay teams and cross country teams: All relay and cross country team members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as uniform that members are from the same team. The official should be able to identify all members from a team.

Closed leg briefs are acceptable for girls, however high-cut apparel cannot be worn.

**Monday
Warm Up**

Beginning at 8:45 am, the course is closed! Afterward runners must remain off the course and may not warm-up on the regional course.

Schools may not mark the course in any fashion; violators will be subject to disqualification.

Report Time

All runners should report to the area behind the starting line a minimum of 15 minutes prior to their event and must be ready to run at the scheduled time.

**Chute
Procedures**

Each runner should run through the finish line and down the entire length of the chute.

Timing chips & runner bibs are disposable and will not be collected in the corral.

Awards Ceremony

The awards ceremony will take place in the school gymnasium at the top of the hill approximately 30 minutes after each race is certified. Awards are presented through the top 10 finishers.

Trainers Certified trainers will be available near the starting line, the finish line and north of the bridge.
Coaches and parents should observe any runner with a history of health issues throughout the race.

Spectators Spectator must stay off the race course as marked and away from the starting line and finish line.

Regional T-Shirts Commemorative t-shirts, sweatshirts, hats, and 2018 pins will be available for purchase in the gymnasium **Sunday afternoon after 4:00 and all day Monday**.
Schools are encouraged to pre-order to save time and help prevent long lines.

Monday School Classes Please be aware there are classes being held in the host school on Monday.
Be considerate of others in and around the school building and when parking.

Restroom Facilities There are no public restrooms available in the school or gymnasium!
Chemical toilets are located near the starting line and near the gymnasium at the top of the hill.
Indoor restrooms are located at the bottom of the hill east of the pavilion.

Regional Information District results / regional qualifiers and coaches reports should be emailed or faxed to...

Dominique Gonzales
Dominiquerox.Gonzales@ttu.edu
Fax (806) 742-1660

Due to the volume of entries, it will not be possible to confirm receipt of entries!

Results posted on race day

<http://www.mychiptime.com/searchevent.php?id=10908>

Special Thanks To

Lubbock ISD
Texas Tech University
Lubbock Sports

